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## THIS WEEK'S REFLECTIONS

Hello Colquitz Families,

Say goodbye to May... We're going into the last 4 weeks of school as of Monday. Can't believe it.

The sun has been shining, and many classes are enjoying more field trips outside. Please have your children bring sunscreen and hats for these outings. And of course, their water bottles! Divisions 5 and 6 enjoyed a fun trip to Beacon Hill Park to-day—enjoy the photos!

This week students had fun with crafts in the library with Pearkes staff as one of our Mental Health Month activities. Many thanks to Ms. Elford, who planned most of these activi-

ties before she went off on leave. We have all enjoyed the opportunities to focus on our well-being throughout the month including yoga, book clubs, outdoor games, and more!

Next week is the last CC Day of the year. This term is unique in that teachers do not have the luxury of waiting for late assignments into another term. This is it! No more time for extensions! Please support your children in ensuring they are making their best efforts to complete their assignments to the best of their abilities. Many thanks.

Enjoy this weekend with your family and friends, including the start of Indigenous Heritage Month on Sunday (June 1st). More to come on that next week.

- Carrie Schlappner, Principal













## next week at a glance

Monday, June 2 • Musical Dress Rehearsal

Tuesday, June 3 • Musical

Wednesday, June 4 • Musical

Thursday, June 5 •

• CC Day (Early Dismissal @ 11.45 am)

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## upcoming important dates—mark your calendars!

Saturday, June 7 Eid al-Adha

Monday, June 9 CPAPA Meeting @ 6.30 pm Tuesday, June 10 Year-End Concert @7pm

Wednesday, June 11 Year-End Concert @ 1.15 pm and 7pm

Tuesday, June 17 PAC Meeting @ 6.30pm Friday, June 20 World Refugee Day Monday, June 23 Grade 8 fun day

Wednesday, June 25 Year-End Assembly @1.30pm

Thursday, June 26 Last day of school

Grade 8 Ceremony @ 1pm



"Lead the Change will be doing our Walk for Water campaign at the beginning of June and we are looking for washed out 2L or 4L Milk jugs with lids please. We would greatly appreciate donations of these jugs to help with this important awareness campaign.

#### What is the water walk?

Individual classes sign up to walk around the school, down at the creek, or around the neighbourhood carrying the milk jugs filled with water.

## Why?

To help build understanding and empathy for the many people around the world who don't have access to clean drinking water and who have to walk very long distances to get their water.



Reporting Absences Please email <u>colquitz@sd61.bc.ca</u> AND your child's teacher if your child will be late or absent, or call the Attendance Line at 250-479-4313.

**学春本?** 

This is the best way to ensure we get the message and a callout does not go out to you in error.

Thank you

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## **SPORTS @ COLQUITZ**

Here is the schedule for Sports practices and games. Please check in with your students around information from coaches.

https://docs.google.com/document/ d/1ii RjwQmRWcUiQaguArHlQ6Mj882QdROC2rNWcV1Q5k/edit?usp=sharing

June 2-6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before school				VB practice 7:30 girls 8	Kiet 6/7 girls volleyball 7:00-8:10 am
Lunch practice	Hockey Intramurals in the Gym	T & F practice Running-all distances Field event practice for all qualifiers Hockey Intramurals in the Gym	All Day TrackMeet		
After school practice			Championships		
Competition					

## **Track and Field Championships:**

Parents, if your child qualified for the City Championships in Track and Field on June 4th, they will have brought a notice home on Friday. If your child cannot participate, please email Christine Crljenkovic as soon as possible so that another athlete can go in their place. Once Mrs. C attends the seeding meeting Monday night; there may be a chance that other athletes from Colquitz will be able to compete due to other athletes ahead of them not able to participate. Your child will come home with a notice on Tuesday if that is the case.

ccrljenkovic@sd61.bc.ca

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## MUSIC

## **Important Information:**

- Practice is next due Wednesday, June 11th.
- Term check-in #3 is now overdue. If students have not completed their check-in by Tuesday, June 3rd, an email requesting them to stay for CC day will be sent out.

## **Band Schedule:**

Tuesday: Jazz Band 7:40 am

Wednesday: Band 6 COMBINED (All instruments, amber AND green pod) at 740 am.

**Thursday: FINAL Band 7/8 Combined before the year end concert** at 7:40 am. Jazz band at lunch.

While it is musical week, and those students will be busy and tired from late shows, please get them to morning rehearsals if at all possible. We need everyone there to rehearse.

Morning rehearsals are part of the commitment to being in band and students are expected to attend them. If your student is going to miss a class, please email Ms. Forster!

If students do not have their instruments, they are expected to still come to class.

All other information about Fine Arts can be found at our website: https://www.colquitzfinearts.weebly.com/







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## Musical - Volunteers Needed!

There are a ton of spots available on the Sign-Up Genius. Please take a look and sign up for a few spots. The more volunteers we have, the smoother things will go. Do it for the kids!



There are leads for each of the areas who will be there to guide you with what the role entails when you arrive.

• June 1: at Colquitz

• June 2-7: at Spectrum

Check out the link to Sign-up Genius for opportunities: Singin' in the Rain Jr - Volunteers

# COLQUITZ PERFORMING ARTS PARENTS ASSOCIATION (CPAPA)

Question Colquitz Parents and Caregivers often ask....
What IS CPAPA?

Think of it like this - The Colquitz Performing Arts Parents Association (CPAPA)is the backup band of the performing arts scene at Colquitz!

We support your students and teachers for band, choir, strings plays, musical theatre, music tours, festivals & events!

## Come join our

Annual General Meeting on Monday, June 9th at 6:30 PM - Art Room
To celebrate (with coffee and snacks) the stellar achievements this past
year, and discover how you can be a part of keeping the arts buzzing
and alive at Colquitz!

Consider this your exclusive backstage pass to the magic! Find out how you can help us turn your students performing arts dreams into reality!

To learn more about executive, member at large and other volunteer opportunities visit our webpage here for more information!

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## Musical Theatre Calendar

## M&Y/JUNE

sunday	monday	tuesday	wednesday	thursday	friday	saturday
1 FULL DRESS rehearsal AT COLQUITZ: 12 – 4pm	2 Show week! Dress and Tech 3 – 10pm AT SPECTRUM	3 Show #1 6 – 10pm AT SPECTRUM (show starts at 7:30pm)	4 Show #2 6 – 10pm AT SPECTRUM (show starts at 7:30pm)	5 NO SHOW TONIGHT!!!	6 Show #3 6 – 10pm AT SPECTRUM (show starts at 7:30pm)	7 Final night! 6 – 10pm AT SPECTRUM (show starts at 7:30pm)



## Ticket sales are now live!

Bee's Knees: <a href="https://cur8.com/19910/project/132057">https://cur8.com/19910/project/132057</a>

Cat's Meow: <a href="https://cur8.com/19910/project/132058">https://cur8.com/19910/project/132058</a>

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# Saanich Summer Pool and Ice Program Registration Opens June 11

<u>Save the date:</u> Summer registration for swimming lessons, advanced aquatics programs, and skating lessons opens on **Wednesday, June 11, at 6 a.m**. Visit saanich.ca/summer to view the Activity Guide, add programs to your wish list, and be ready on registration day!



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# Connect and Learn

For families and caring adults who are parenting a child or youth with mental health and/or substance use challenges.

EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'. WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR UNDERSTANDING AND CONNECTION WITH OUR KIDS.

## Beyond Behaviours: When Is It More? What It Looks Like at Ages 9 - 12

Why can it feel so tricky to tell if our kids are on track, going through a phase, as opposed to struggling with something more, or beyond behaviours? Learn about the developmental stages of 9 to 12 year old children and what might be some signs of mental health challenges at this age.

Learn from Karen Peters, Registered Clinical Counsellor.

Join us to watch a video presentation together and stay for a facilitated conversation by our Family Peer Support Workers.

#### Mental Health and Preparing for the Transition to Post Secondary

After high school, post-secondary education for our youth can be exciting but also stressful if they have struggled with their mental health. You're not alone. Discover some ways we can prepare our youth for school and support their mental health and independence while they are at school.

Learn from Dawn Schell from the University of Victoria, Melissa Feddersen from the University of British Columbia (Okanagan) and Victoria Keddis, a parent with lived experience.

Join us to watch a video presentation together and stay for a facilitated conversation by our Family Peer Support Workers.

Cost: Free of Charge

Date(s):

Tuesday, June 3rd, at 6:30pm (Most of BC)
Thursday, June 12th at 6:30pm (Most of BC)
Wednesday, June 18th at 12:00pm (Most of BC)

Registration required:

www.familysmart.ca/events

Cost: Free of Charge

Date(s):

Wednesday, June 11th at 6:30pm (Most of BC) Tuesday, June 17th at 6:30pm (Most of BC)

Registration required:

www.familysmart.ca/events











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## **SUBWAY AND PIZZA LUNCHES**

The weekly deadline to place orders for Subway is Sunday at noon and for Pizza is Monday at noon for the upcoming week.

Here is the link to School Cash Online to make your order:

https://sd61.schoolcashonline.com/

Please note that there are no refunds for unclaimed pizza or Subway.

Parents – you can arrange to pick up your order the same day or transfer it to another student if you inform us by 11am on Tuesdays (Subway) and Thursdays (Pizza) at colquitz@sd61.bc.ca or call 250-479-1678.



