

next week at colquitz

friday, june 13, 2025

THIS WEEK'S REFLECTIONS

Hello Colquitz Families,

Ms. Schlappner is in Montreal for her daughter's convocation but here are some amazing events that happened this week.

Year End Concert



Photovoice Exhibit



next week at a glance

- | | |
|--------------------|---|
| Monday, June 16 | • Grade 8 Indigenous Student Celebration @ 12:00 pm |
| Tuesday, June 17 | • Grade 8s to Big Splash
• PAC Meeting @ 6.30pm |
| Wednesday, June 18 | • |
| Thursday, June 19 | • |
| Friday, June 20 | • <i>World Refugee Day</i> |

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upcoming important dates—*mark your calendars!*

Monday, June 23

Grade 8 fun day

Wednesday, June 25

Year-End Assembly @1.30pm

Thursday, June 26

Grade 8 Ceremony @ 1pm

Last day of school for students

Learning Updates available at 3pm on Parent Connect

HAVE A GREAT SUMMER!

SEE YOU IN SEPTEMBER!



Ms. Albach and Division 4 have nominated Ms. Schlappner to participate in the “Ice Bucket Challenge”. Essentially this is her getting a freezing cold bucket of water dumped on her head .

And the purpose is to raise money for ALS-which is a deadly disease of the nervous system and causes a loss of muscle control, getting worse over time. We are hoping to raise \$500 by the year-end assembly.

All money will go directly to an organization here on the island that fundraiser for the disease.

If you would like to donate, **please send cash with your children to give to their Advisory Teachers.**

Even if each student brings in just \$1, that would be \$525! If we raise more, even better.

Thank you for your support

Raise a minimum of \$500 for ALS and Ms Schlappner will get “iced” at the year-end assembly!



Reporting

Absences



Please email colquitz@sd61.bc.ca AND your child's teacher if your child will be late or absent, or call the Attendance Line at 250-479-4313.

This is the best way to ensure we get the message and a call-out does not go out to you in error.

Thank you

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Grade 8 Families of our Indigenous Students



You are cordially invited to our
Grade 8 Indigenous Students'
Recognition Ceremony
on **Monday, June 16th**
at **12:00 pm**
in the **library**.

Light refreshments will be served.

*Please RSVP using this link
by June 9, 2025:*

<https://docs.google.com/forms/d/e/1FAIpQLSc2DTnElkwnx6zdEqz9OHZuADivM6xbLsXO2Ye4S6K8fjISgQ/viewform?usp=sharing&ouid=112087365005900531008>

Attention Grade 8 Families



You are cordially invited to our
Grade 8 Recognition Ceremony
on **Thursday, June 26th**
at **1:00 pm**
in the **gym**.

The doors will open at 12:30pm.
No early arrivals will be permitted in the gym.
Please line up at the basketball court door.

We look forward to seeing you.

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SPORTS @ COLQUITZ

Here is the schedule for Sports practices and games.
Please check in with your students around information from coaches.

https://docs.google.com/document/d/1ii_RjwQmRWcUiQaguArHlQ6Mj882QdROC2rNWcV1Q5k/edit?usp=sharing

June 16-20	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before school					Kiet 6/7 girls volleyball 7:00-8:10 am
Lunch practice	Hockey Intramurals in the Gym				
After school practice					
Competition					

THUNDER NATION BASKETBALL



**LOOKING FOR A FUN AND COMPETITIVE PLAYING ENVIRONMENT IN
YOUR NEIGHBOURHOOD THEN WE WANT TO HEAR FROM YOU.**

**FOR THE 2025-2026 SEASON
NIGHT LEAGUE TEAMS**

***U13 TEAM - UNDER THE AGE OF 13 ON DECEMBER 31ST 2025
*U15 TEAM- UNDER THE AGE OF 15 ON DECEMBER 31 2025**

LOGISTICS:

- **COST: \$370 DOLLARS PER PLAYER**
- **COST INCLUDES: 1 PRACTICE PER WEEK (SUNDAY MORNINGS) AND ONE SKILLS SESSION (TIME AND LOCATION YET TO BE DETERMINED)**
- **REVERSIBLE JERSEY, SHORTS, AND WARM-UP TOPS TO KEEP**
- **1 NIGHT LEAGUE GAME PER WEEK, COACHING BY ONE OF OUR COACHING STAFF**

**FOR INFORMATION PLEASE CONTACT JEN BUREAU
BUREAU.JBE@GMAIL.COM**

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MUSIC

Important Information:

Method books (red for 6, blue for 7/8) are also due back next week. Students can return them during pullout blocks.

School instrument rentals and all method books are due by Thursday, June 19th. (Early returns will be accepted)

Band Schedule:

Pullouts will still run through the week, but students do **NOT** need their instruments. There are a lot of tasks that students help is needed.

Tuesday: Switch band at lunch.

Wednesday: Switch Band at Lunch

Thursday: POTLUCK for band 6-8 students starting at **8:10-8:35 am** (see more info below), **Switch Band at lunch**

It is a tradition at Colquitz band to do a potluck after the last concert. If possible, we would appreciate if you could send your student something to share with everyone (if it is in a container that you need back, PLEASE label it with students first and last name. Please avoid common allergens like nuts, etc.

Switch band is open to any students in band 6-8 to try something new!

All other information about Fine Arts can be found at our website:

<https://www.colquitzfinearts.weebly.com/>

Young Entrepreneur Fair

Come see the creativity and hard work of our young innovators at our Young Entrepreneur Fair in the gym on **Monday, June 16th!**

Students in Divisions 1, 7, and 10 have been learning about entrepreneurship by designing, building, and marketing their own unique products. From body scrubs and fidgets to candles, jewelry, and more—there's something for everyone!

Parents are welcome to visit the fair in the gym anytime during Blocks 2 to 5 (closed during recess and lunch).

Cash purchases only. We'd love to see you there supporting student learning in action!

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'intheknow' Connect and Learn

For families and caring adults who are parenting a child or youth with mental health and/or substance use challenges.

EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'. WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR UNDERSTANDING AND CONNECTION WITH OUR KIDS.

Beyond Behaviours: When Is It More? What It Looks Like at Ages 9 - 12

Why can it feel so tricky to tell if our kids are on track, going through a phase, as opposed to struggling with something more, or beyond behaviours? Learn about the developmental stages of 9 to 12 year old children and what might be some signs of mental health challenges at this age.

Learn from Karen Peters, Registered Clinical Counsellor.

Join us to watch a video presentation together and stay for a facilitated conversation by our Family Peer Support Workers.

Cost: Free of Charge

Date(s):

Tuesday, June 3rd, at 6:30pm (Most of BC)
Thursday, June 12th at 6:30pm (Most of BC)
Wednesday, June 18th at 12:00pm (Most of BC)

Registration required:

www.familysmart.ca/events



Mental Health and Preparing for the Transition to Post Secondary

After high school, post-secondary education for our youth can be exciting but also stressful if they have struggled with their mental health. You're not alone. Discover some ways we can prepare our youth for school and support their mental health and independence while they are at school.

Learn from Dawn Schell from the University of Victoria, Melissa Feddersen from the University of British Columbia (Okanagan) and Victoria Keddiss, a parent with lived experience.

Join us to watch a video presentation together and stay for a facilitated conversation by our Family Peer Support Workers.

Cost: Free of Charge

Date(s):

Wednesday, June 11th at 6:30pm (Most of BC)
Tuesday, June 17th at 6:30pm (Most of BC)

Registration required:

www.familysmart.ca/events



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Quick Reference Food Security Guide for Families

- [Living Edge Markets](#)
All week FREE, fresh groceries to anyone who needs them. All are welcome – no ID or registration required. Markets located throughout Greater Victoria.
- [Coalition of Neighbourhood Houses](#)
Neighbourhood Houses provide a variety of neighbourhood-based programs and resources including access to community meals and food and nutrition support.
 - [Burnside Gorge Community Association](#)
 - [Fairfield Gonzales Community Association](#)
 - [Fernwood Neighbourhood Resource Group \(NRG\)](#)
 - [James Bay Community Project](#)
 - [Oaklands Community Association](#)
 - [Quadra Village Community Centre](#)
 - [Saanich Neighbourhood Place](#)
- [1UP Victoria Single Parent Recourse Centre](#)
Market Day - Wednesdays 11 am – 1pm @ Fairfield Community Centre
- [James Bay Community School Centre](#)
Wednesdays -Community Dinners
- [The Mustard Seed Food Bank and Food Security](#)
Providing many diverse programs to feed emotional, mental, relational, spiritual, and physical hunger. Food Bank Hours 10am – 1:30pm Monday to Friday
- [North Park Neighbourhood Association](#)
Weekly Grocery Hamper Program
- [Rainbow Kitchen](#)
Rainbow Kitchen are experts in food security. From daily hot meals and grab-and-go pantry items to supporting local schools and other not-for-profit's with their food needs. Hot Meals Weekdays starting at 8:30 am until supplies last (vegetarian options available)
- [GOOD FOOD BOX](#)
Victoria's affordable produce box. Non-profit fruit and vegetable distribution system. Boxes are available for pick up or delivery every Wednesday.

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To celebrate the end of the school year, we're inviting all students to join us for a special match on **June 27th!**

Bring your school spirit and enjoy a **\$5 student ticket** with the purchase of a **regular \$20 ticket**. It's the perfect way to kick off summer with friends, fun, and some exciting action on the field!

Let's pack the stands with students and make it a match to remember!

Here is the link:

[Schools Out Special Offer](#)



OUTDOOR PROGRAMS for young people

Who WEA Are



Western Educational Adventures (WEA) offers fun, outdoor camps & programs for children & families in the Greater Victoria area. WEA's experienced staff teach life skills like independence, teamwork & problem solving through outdoor play & adventure. Activities include canoeing, kayaking, hiking, geocaching, archery, fire-building, camp cooking, swimming, running games, nature exploration & more. All programs are tech-free, helping kids unplug, connect with others & build real-world skills in nature.

[View Summer Programs](#)

[View School-Year Programs](#)

Summer Camps



WEA's tech-free summer camps get kids outside, active, and learning through adventure. Campers enjoy activities like canoeing, hiking, archery, swimming, geocaching, fire-building, and more. Programs include local day camps for ages 6-13 and overnight or expedition-style camps for teens. Wild Paws day camps start at just \$245/week. All camps are led by skilled staff and designed to build real-world skills in nature.

[View Summer Camps](#)

School Programs

Are you a teacher or a parent looking for some exciting outdoor partial day, full day and multi-day outdoor education school programs? [View School Programs](#)

Call Us at: (250) 888-1622

westernadventures.ca



OUTDOOR PROGRAMS for young people

Day Camps



Adventure day camps starting at \$245/wk. Survival skills, hiking, archery, canoeing, swimming, & more

[Learn More](#)

6-Day Overnight Camp



Overnight camp for ages 9-13, offering day camp activities as well as cooking & wilderness camping

[Learn More](#)

Canoe Expedition



Paddle the Sayward Canoe Circuit while learning to cook, camping & lead, for youth ages 12-16.

[Learn More](#)

Hike Expedition



Hike Mt Albert Edward while learning backcountry camping, cooking, and leadership for Ages 12-16.

[Learn More](#)

Bus Charters

Need group transportation? WEA also offers affordable, reliable bus charters with experienced drivers—perfect for schools, camps, and outdoor adventures across Vancouver Island. [Learn more at](#)

[View Bus Charters](#)

[Newsletter Sign-up](#)

Call Us at: (250) 888-1622

westernadventures.ca

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FREE! GANG EDUCATION & TRENDS - SEMINARS



REGISTER NOW!



Saanich

PARKS, RECREATION
& COMMUNITY SERVICES

The Saanich Police Department in partnership with The District of Saanich Children & Youth Division presents an opportunity for parents, care givers and youth service providers to better understand gang issues and trends in our community

Topics Include

- Understand current and local gang-related activity
- Identify early risk factors
- Awareness and education on social media/substance use trends
- Live Q&A
- Importance of accessing community-based supports
- Parent Resources and Guides
- Prize Draw - Free Saanich Youth Program Fall 2025 - Select Program Offerings

TWO DATES TO CHOOSE FROM

MONDAY JUNE 16

6:30 - 8:30PM

ROYAL OAK MIDDLE SCHOOL

THURSDAY JUNE 19

6:30 - 8:30PM

ROYAL OAK MIDDLE SCHOOL

communityengagement@saanichpolice.ca

www.saanich.ca/youth

250.475.7600

• FOUNDRY •

VICTORIA

Parent and Caregiver Education Evening

**The Power of Validation
Supporting Highly Sensitive Young People**

**Presented by Baylie and Deborah McKnight
Borderline Personality Disorder Society of BC**

June 19th 2025

At Foundry Victoria

546 Yates Street

Registration and Refreshments 5:30 PM

Presentation and Q&A 6-7:30pm

PLEASE RSVP to Chantal

seating is limited

cbrasset@foundryvictoria.ca



Borderline Personality Disorder
Society of BC

SUBWAY AND PIZZA LUNCHES

The weekly deadline to place orders for Subway is Sunday at noon and for Pizza is Monday at noon for the upcoming week.

**Here is the link to School Cash Online
to make your order:**

<https://sd61.schoolcashionline.com/>

Please note that there are no refunds for unclaimed pizza or Subway.

Parents – you can arrange to pick up your order the same day or transfer it to another student if you inform us by 11am on Tuesdays (Subway) and Thursdays (Pizza) at colquitz@sd61.bc.ca or call 250-479-1678.

TRIPLESOT CYCLING CLUB PRESENTS

GIRLS' CLUB

**11 TO 13 YEAR
OLD GIRLS**

3 x 2h sessions/week offered
Starting June 2025

With All-Female Ride Leaders

**ADVENTURE ROAD
RIDES, TRY THE
VELODROME, & INTRO
TO STRENGTH TRAINING**



**INTAKE
FORM**

Registration fee
reimbursed with
attendance!



Sessions meet along bike routes!

No bike?

We have loaners! Shoes and
riding clothes also available.

WITH THE SUPPORT OF



Funded by the Canadian Sport for All Initiative