

next week at colquitz

friday, may 23, 2025

THIS WEEK'S REFLECTIONS

Hello Colquitz Families,

It's been another fantastic week at Colquitz, including Outdoor Games with Pearkes staff at lunch on Wednesday, and Rugby Tournaments on Thursday and Friday.

This is the time of year of lots of field trips. Please remind your child(ren) that they need to demonstrate kind, respectful and safe behaviours, follow class and school expectations, the Code of Conduct, and be able to listen to and respond to staff respectfully. It is a lot of responsibility to take groups off-site, and staff need to be able to trust that students will behave appropriately and listen when re-directed. Your support is appreciated!

Also, please note that it is "Go By Bike" Week June 2-6th. Please encourage your children to bike to school that week! This also a good reminder of the options of walking and scootering!

Enjoy this weekend with your family and friends.

- Carrie Schlappner, Principal



Spotlight on Learning

Here's to our wonderful Exploratory classes, like Woodworking!



next week at a glance

- | | |
|-------------------|---|
| Monday, May 26 | • Mental Health Month activity: Student Craft |
| Tuesday, May 27 | • |
| Wednesday, May 28 | • Theatre Pull-out ends |
| Thursday, May 29 | • |
| Friday, May 30 | • |

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upcoming important dates—*mark your calendars!*

Monday, June 2– June 7th	Musical Week
Friday, June 6	CC Day (Early Dismissal @ 11.45 am)
Saturday, June 7	Eid al-Adha
Monday, June 9	CPAPA Meeting @ 6.30 pm
Wednesday, June 11	Year-End Concert @ 1.15 pm and 7pm
Tuesday, June 17	PAC Meeting @ 6.30pm
Friday, June 20	World Refugee Day
Monday, June 23	Grade 8 fun day
Wednesday, June 25	Year-End Assembly @1.30pm
Thursday, June 26	Grade 8 Ceremony @ 1pm

LEAD THE CHANGE

"Lead the Change will be doing our Walk for Water campaign at the beginning of June and **we are looking for washed out 2L or 4L Milk jugs with lids please.** We would greatly appreciate donations of these jugs to help with this important awareness campaign.

What is the water walk?

Individual classes sign up to walk around the school, down at the creek, or around the neighbourhood carrying the milk jugs filled with water.

Why?

To help build understanding and empathy for the many people around the world who don't have access to clean drinking water and who have to walk very long distances to get their water.



Reporting

Absences



Please email colquitz@sd61.bc.ca AND your child's teacher if your child will be late or absent, or call the Attendance Line at 250-479-4313.

This is the best way to ensure we get the message and a call-out does not go out to you in error.

Thank you

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SPORTS @ COLQUITZ

**Here is the schedule for Sports practices and games.
Please check in with your students around information from coaches.**

https://docs.google.com/document/d/1ii_RjwQmRWcUiQaguArHIQ6Mj882QdROC2rNWcV1Q5k/edit?usp=sharing

May 26-30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before school			Girls Open Volleyball Practice 7:15am -8:15am	VB practice 7:30 girls 8	Kiet 6/7 girls volleyball 7:00-8:10 am
Lunch practice	T & F practice Discus, shotput, LJ/TJ Hockey Intramurals in the Gym	T & F practice Running-all distances Hockey Intramurals in the Gym	Track and Field Practice LJ/TJ Shot Put/Discus	HJ in gym	
After school practice	Mtn biking		T & F practice for those not going to Meet		
Competition	Track and field Meet # 3 @ UVIC		Track and Field Meet # 4 @ UVIC		



**We are looking for
community coaches who
can help with track and
field**

**please contact Christine
Crljenkovic**

ccrljenkovic@sd61.bc.ca

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MUSIC

Important Information:

- Practice is next due this Wednesday, May 28th.
- Term check-in #3 has gone out on paper and google classroom. It is due this Thursday, May 29th. If students do not complete their check-in, they will be held for CC Day.
 - ⇒ CC day requests for band will go out via email on Tuesday, June 3rd.

Band Schedule:

- **Tuesday:** Jazz Band 7:40 am
- **Wednesday:** Band 6 COMBINED (All instruments, amber **AND** green pod) at 740 am.
- **Thursday:** Band 7/8 Combined at 7:40 am. Jazz band at lunch.

Morning rehearsals are part of the commitment to being in band and students are expected to attend them. If your student is going to miss a class, please email Ms. Forster!

If students do not have their instruments, they are expected to still come to class.

All other information about Fine Arts can be found at our website:

<https://www.colquitzfinearts.weebly.com/>



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Musical Theatre Calendar

MAY/JUNE

25 SUNDAY REHEARSAL 1:00 – 4:00 FULL RUN	26 Lunch: Review solos After school: Run Act 1	27 Lunch: Review Duets After school: Problem scenes	28 THEATRE PULLOUT 1:45-4:15 FULL RUN	29 Lunch: Review Trios After school: Run Act 2	30 Lunch: Crew final meeting	31
1 FULL DRESS rehearsal AT COLQUITZ: 12 – 4pm	2 Show week! Dress and Tech 3 – 10pm AT SPECTRUM	3 Show #1 6 – 10pm AT SPECTRUM (show starts at 7:30pm)	4 Show #2 6 – 10pm AT SPECTRUM (show starts at 7:30pm)	5 NO SHOW TONIGHT!!!	6 Show #3 6 – 10pm AT SPECTRUM (show starts at 7:30pm)	7 Final night! 6 – 10pm AT SPECTRUM (show starts at 7:30pm)



Ticket sales are now live!

Bee's Knees: <https://cur8.com/19910/project/132057>

Cat's Meow: <https://cur8.com/19910/project/132058>

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Musical - Volunteers Needed!

There are a ton of spots available on the Sign-Up Genius. Please take a look and sign up for a few spots. The more volunteers we have, the smoother things will go. Do it for the kids!



There are leads for each of the areas who will be there to guide you with what the role entails when you arrive.

- June 1: at Colquitz
- June 2-7: at Spectrum

Check out the link to Sign-up Genius for opportunities: [Singin' in the Rain Jr - Volunteers](#)

COLQUITZ PERFORMING ARTS PARENTS ASSOCIATION (CPAPA)

Question Colquitz Parents and Caregivers often ask....
What IS CPAPA?

Think of it like this - The Colquitz Performing Arts Parents Association (CPAPA) is the backup band of the performing arts scene at Colquitz!

We support your students and teachers for band, choir, strings plays, musical theatre, music tours, festivals & events!

Come join our

Annual General Meeting on Monday, June 9th at 6:30 PM - Art Room

To celebrate (with coffee and snacks) the stellar achievements this past year, and discover how you can be a part of keeping the arts buzzing and alive at Colquitz!

Consider this your exclusive backstage pass to the magic! Find out how you can help us turn your students performing arts dreams into reality!

To learn more about executive, member at large and other volunteer opportunities visit our webpage [here](#) for more information!

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'intheknow'

Connect and Learn

For families and caring adults who are parenting a child or youth with mental health and/or substance use challenges.

EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'. WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR UNDERSTANDING AND CONNECTION WITH OUR KIDS.

Beyond Behaviours: When Is It More? What It Looks Like at Ages 9 - 12

Why can it feel so tricky to tell if our kids are on track, going through a phase, as opposed to struggling with something more, or beyond behaviours? Learn about the developmental stages of 9 to 12 year old children and what might be some signs of mental health challenges at this age.

Learn from Karen Peters, Registered Clinical Counsellor.

Join us to watch a video presentation together and stay for a facilitated conversation by our Family Peer Support Workers.

Cost: Free of Charge

Date(s):

Tuesday, June 3rd, at 6:30pm (Most of BC)
Thursday, June 12th at 6:30pm (Most of BC)
Wednesday, June 18th at 12:00pm (Most of BC)

Registration required:

www.familysmart.ca/events



Mental Health and Preparing for the Transition to Post Secondary

After high school, post-secondary education for our youth can be exciting but also stressful if they have struggled with their mental health. You're not alone. Discover some ways we can prepare our youth for school and support their mental health and independence while they are at school.

Learn from Dawn Schell from the University of Victoria, Melissa Feddersen from the University of British Columbia (Okanagan) and Victoria Keddiss, a parent with lived experience.

Join us to watch a video presentation together and stay for a facilitated conversation by our Family Peer Support Workers.

Cost: Free of Charge

Date(s):

Wednesday, June 11th at 6:30pm (Most of BC)
Tuesday, June 17th at 6:30pm (Most of BC)

Registration required:

www.familysmart.ca/events



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Capital Bike

GoBy Bike Week 2025

Log Your Rides
Win Amazing Prizes

Free Registration: gobybikebc.ca
capitaibike.ca

May 31 - June 6
Capital Region BC



SUBWAY AND PIZZA LUNCHES

The weekly deadline to place orders for Subway is Sunday at noon and for Pizza is Monday at noon for the upcoming week.

Here is the link to School Cash Online to make your order:

<https://sd61.schoolcashionline.com/>

Please note that there are no refunds for unclaimed pizza or Subway.

Parents – you can arrange to pick up your order the same day or transfer it to another student if you inform us by 11am on Tuesdays (Subway) and Thursdays (Pizza) at colquitz@sd61.bc.ca or call 250-479-1678.



STORIES & SLIME YOUTH BOOK CLUB

AGES 11 - 15



Are you ready for exciting adventures, mind-bending mysteries, and powerful stories? Whether you love fantasy, action, or stories that make you think, our book club has something for everyone. If you love reading, making crafts, and having a blast with friends, Stories & Slime is the place to be.

Wednesdays 6:00 - 8:00pm
Jan 15th - June 4th

@ The Flipside Youth Centre
G.R. Pearkes Recreation Centre

REGISTER HERE

Tylera.smith@saanich.ca saanich.ca/youth 250 475 5462



TRIPLESHOT CYCLING CLUB PRESENTS

GIRLS' CLUB

11 TO 13 YEAR OLD GIRLS

3 x 2h sessions/week offered
Starting June 2025

With All-Female Ride Leaders



Sessions meet along bike routes!

No bike?
We have loaners! Shoes and riding clothes also available.

ADVENTURE ROAD RIDES, TRY THE VELODROME, & INTRO TO STRENGTH TRAINING

INTAKE FORM



Registration fee reimbursed with attendance!

WITH THE SUPPORT OF



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