

next week at colquitz

friday, april 25, 2025

THIS WEEK'S REFLECTIONS

Hello Colquitz Families,

It was another fun week in the sun here at Colquitz. Some activities of note were "Knight Fights" in Divisions 16 & 17 (see photos) - the culminating activity in their social studies unit. We also have our Grade 7 and 8 students on their Music Trip in Vancouver. Enjoy the photos of both!

I wanted to remind everyone that **Monday is Election Day and Colquitz is a polling station**. As such, traffic and parking will be especially challenging. **We would really appreciate it if you could encourage your children to walk, bike, scooter, skate, or bus to school on Monday, as well as to get home.** Many thanks.

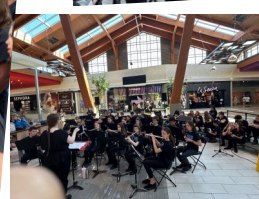
Also a reminder that we will be taking **photos next Friday of Divisions, Teams, and Clubs**. This will be all morning, so be sure that students arrive on time so they don't miss their photos!

The sun has brought out water guns and balloons, and it seems many are playing a game on the app, "Splashin!" It would be appreciated if you could speak with your kids around this—especially grade 8s. While we realize that in general getting sprayed with water may not be the end of the world, and if students are choosing to engage, that is not our biggest concern. The concern is those who did NOT choose to be a part of things often get caught in the middle, and this is not fair. So, we're asking students to wait until after school to engage **WITH WILLING FRIENDS ONLY**. Also, if staff ask for students to hand over water guns, balloons, or other things, we appreciate them cooperating respectfully with this. Thanks for your help with this.

Related to the above, another conversation we would appreciate families having is around **safe and respectful play at school**. There has been a lot overly aggressive "hands-on" (and feet, body, etc.) play that is concerning. This can be pushing, jumping on backs, wrestling, "pantsing" (which is not OK for many reasons), "slap battles", "shadow boxing" and more. Often students respond to adult intervention with, "we're just joking around!" "They're my friend—I'm OK with it!", or other such statements. We appreciate that no one may INTEND to hurt others, but we cannot tell you the number of times this kind of "play" goes sideways and people get hurt. We also emphasize that onlookers can feel uncomfortable or unsafe seeing others play rough—so it is important we all follow the same expectations at all times, so everyone is on the same page. Thanks for your support.

Enjoy the weekend with your family and friends—especially this sunshine!

- Carrie Schlappner,
Principal



next week at a glance

- | | |
|-------------------|---|
| Monday, Apr 28 | • ELECTION DAY—Colquitz a Polling Station |
| Tuesday, Apr 29 | • |
| Wednesday, Apr 30 | • |
| Thursday, May 1 | • |
| Friday, May 2 | • Class/Group Photos |

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upcoming important dates—mark your calendars!

Monday, May 5	Red Dress Day
	CPAPA Meeting @ 6.30 pm
Tuesday, May 6	Grade 6 immunizations
Wednesday, May 7	Theatre Pull-out begins
Tuesday, May 13	Gr 6 Immunization catch ups
Thursday, May 15	Moosehide Campaign Day
	District Transition Day—Early dismissals of Grade 8's
Friday, May 16	Pro D Day (No School for students)
Monday, May 19	Victoria Day—No School
Tuesday, May 20	PAC Meeting @ 6.30 pm

May Mental Health Awareness

Hello Colquitz Community,
In recognition of Mental Health Awareness Month in May, we are offering various fun student activities throughout the month to promote mental wellness. Thank you to Pearkes for their support! Please check out the calendar for more information and encourage your student to join in.

Colquitz May Mental Health Awareness Month Student / Family Calendar				1	2 Cultural Connections 12:30 / 1:15 Beading with Oceanloverjen
5 Exercise & Connection Lunch recess: Outdoor games on the soccer field with Pearkes.	6	7	8	9	
12 Pride Week Self-Care Lunch recess: Yoga in the gym with Pearkes.	13 Creativity Lunch recess: Pride Week Craft in the Home Ec Room	14 Pride Parade and dance party outside @lunch recess.	15 Connection District Transition Day Afternoon	16 ProD Day - No School	
19 Victoria Day 	20	21 Exercise & Connection Lunch recess: Outdoor games on the soccer field with Pearkes.	22	23	
26 Creativity Lunch recess: Craft in the library with Pearkes.	27	28 	29	30	

Reporting

Absences



Please email colquitz@sd61.bc.ca AND your child's teacher if your child will be late or absent, or call the Attendance Line at 250-479-4313.

This is the best way to ensure we get the message and a call-out does not go out to you in error.

Thank you

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SPORTS @ COLQUITZ

**Here is the schedule for Sports practices and games.
Please check in with your students around information from coaches.**

https://docs.google.com/document/d/1ii_RjwQmRWcUiQaguArHIQ6Mj882QdROC2rNWcV1Q5k/edit?usp=sharing

April 28-May 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before school		Kiet 6/7 girls volleyball 7:00-8:10 am	Boys Basketball Open Gym 7-810	VB practice 7:30 girls 8	
Lunch practice	T & F practice Discus, <u>shotput</u> , LJ/TJ	T & F practice Running-all distances	Track and Field Practice LJ/TJ Rugby	Rugby HJ in gym	
After school practice	Mtn Biking		T & F practice		
Competition	Badminton gr 6 <u>tourny</u> SMU	6/7 Boys Rugby @ Royal Oak Badminton gr 7 <u>tourny</u> SMU	Badminton gr 8 <u>tourny</u> @ SMU	7/8 Boys Rugby @ North Saanich Middle School	

**We are looking for community
coaches who can help with track
and field**

**please contact
Christine Crljenkovic
ccrljenkovic@sd61.bc.ca**



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MUSIC

Tour Updates:

- As this goes out, we have gone on tour! Thank you to everyone who has helped out and supported the students going!
- Please bring \$2 for a gift for our bus drivers if you have not already done so. There was a post on the google classroom.

Important Information:

- Students need to have all star memorized by this Thursday, May 1st.
- Practice is due this week on Wednesday, April 30th.
- The Esquimalt Buccaneers day parade is on Saturday, May 10th. Parent/guardian volunteers will be needed!
- Marching band has started! All band 6-8 students participate in marching band at Colquitz, and we perform in the Esquimalt Buccaneers day parade! Colquitz is one of the few middle schools in Victoria who do marching band.
- Extra help is available during nutrition break on Tuesday-Thursday, and Tuesday/Wednesday lunch recess.



Band Schedule: See changes!

Tuesday: Jazz Band 7:40 am

Wednesday: Band 6 **COMBINED** (All instruments, amber AND green pod) at 740 am.

Thursday: **MARCHING BAND** at 7:40 am. Jazz band at lunch.

Morning rehearsals are part of the commitment to being in band and students are expected to attend them. If your student is going to miss a class, please email Ms. Forster!

If students do not have their instruments, they are expected to still come to class.

All other information about Fine Arts can be found at our website:

Yearbooks are on sale now!

Yearbooks cost \$25

To order your child a copy of the yearbook, please go to **ybpay.ca** and use the order **ID 13717625**.

Deadline to order yearbook is May 20th, 2025

If you have any questions please contact Megan Schuring at
mschuring@sd61.bc.ca

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Vaccine Status Reporting Regulation



Having complete information about students' immunization status allows public health to recommend immunizations a child may be missing and improves the health authority's ability to respond during an outbreak.

The Vaccination Status Reporting Regulation (VSRR) supports health authorities to collect school- aged children's immunization records so that all records are stored in one place: the Provincial Immunization Registry.






If you are new to British Columbia or have received immunizations in travel clinics, pharmacies or physicians' offices, your child's records may be incomplete.

The Vaccine Status Reporting Regulation applies to all students in public and independent schools within the province's jurisdiction, including students who are home-schooled and international students. The regulation does not apply to children attending schools in First Nations communities.

Island Health public health staff will be mailing letters directly to households of students for whom immunization records are missing or incomplete. If your child's record is up to date, you will not be contacted.

If you receive a letter, please update the child's records directly through the online Provincial Immunization Record Registry, or by dropping of records at your local public health unit. Schools do not collect or retain any immunization records. **Do not submit immunization records to your child's school.**

If you have questions, please contact your local health unit.

HEALTH GATEWAY 	<u>View Records at Health Gateway</u> https://healthgateway.gov.bc.ca/	Provincial Portal 	<u>Submit Historical Records</u> https://www2.gov.bc.ca/gov/content/health/managing-your-health/immunizations/update-records
HEALTH UNIT 	<u>Find a Health Unit near you</u> https://www.healthlinkbc.ca/find-care/find-health-services	VSRR 	<u>Learn more about VSRR</u> https://www.healthlinkbc.ca/health-library/immunizations/children/vaccination-status-reporting-regulation
Tips to find historical records 	<u>New to BC? Tips on finding historical records</u> https://www.healthlinkbc.ca/health-library/immunizations/children/immunizations-children-new-bc#paragraph-5456		

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Musical Theatre Calendar

APRIL

20	21 EASTER MONDAY	22 Lunch: Soloists After school: Review Don, Kathy, Cos	23 Lunch: Transition Scene After school: Scene 18 (finale, no ensemble)	24 Tour Prep Day	25 SENIOR MUSIC TOUR TO VANCOUVER	26 SENIOR MUSIC TOUR TO VANCOUVER
27	28 Lunch: CREW After school: Scene 4 (RF's party: speaking characters only)	29 Lunch: TBD After school: Scene 3 (in the park)	30 Lunch: Norman Bailey After school: Review Norman scenes + Stars (scene 1, no ensemble)			

Musical Theatre Volunteer Request



Is your child part of the musical? Are you looking for an opportunity to help out?

**If so, come on by on
Wednesday, April 30 at
6:30pm to help.**

The goal is to sort, dispose,
and clean makeup. Bonus -
there will be treats!

If you're able to attend,
please email Serena at
SerenaBirkSamra@gmail.com

Island Ukulele Spring Trial

OAK BAY HIGH
SCHOOL

Monday nights
6:30-8:00 pm

APRIL 28TH
THROUGH JUNE
9TH

\$60 for the 6 week
Spring Trial

NO EXPERIENCE REQUIRED!
BRING A UKULELE OR RENT/BORROW ONE FROM
ISLAND UKULELES.
EXPERIENCED PLAYERS ARE ALSO WELCOME!

FOR MORE INFORMATION VISIT OUR WEBSITE OR
CONTACT OUR PRINCIPAL MUSIC DIRECTOR TINA
HORWOOD AT THORWOOD@SD61.BC.CA

<https://www.islandukulele.org/>



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NATIONAL CHILD & YOUTH MENTAL HEALTH DAY—May 7th



Feeling cared for and connected really matters to young people, it can make a big difference in their mental health.

Caring connections can make a difference in a young person's life. These free resources help you start conversations, build understanding, and create supportive spaces where kids and youth feel heard and valued.

UPCOMING ONLINE EVENTS

FINDING AND CREATING CONNECTION WITH KIDS

Tuesday May 6, 2025 | 6:30 PM - 7:30 PM

SUPPORTING KIDS WITH SUBSTANCE MISUSE

Wednesday May 7, 2025 | 6:30 PM - 7:30 PM

SUBSTANCE USE AND THE POWER OF SUPPORT

Thursday May 8, 2025 | 6:30 PM - 7:30 PM

[REGISTER FOR THESE FREE ONLINE EVENTS HERE](#)

Young people told us how they want to be talked to about their mental health—and we listened. They shared their words and offered simple suggestions, because every conversation is a chance



Videos & Activities for Kids



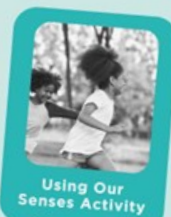
Your amazing body:
Understanding sensations



Using our Senses Video



Colouring Sheets



Using Our Senses Activity

[CONNECT WITH KIDS HERE](#)

These videos and activities help build kids' understanding about how smart their brains and bodies are! And how sensations are our body's way of telling us how we feel and what we need. When we practice focusing on the sensations in our body, we are being mindful. Let's try it!

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WYLD Leadership Summer Program

WYLD Leadership Program

GRADE 8+*



Are you interested in spending your summer working with kids? Do you want to be a leader in your community? Let us help guide you in your leadership and skill building journey.

Join us for a meaningful mentored placement. Spend your days learning applicable skills for a summer camp job, instructing swimming lessons, or working specialty programs and beyond. You'll learn to lead and play all the best games, gain confidence in planning activities with groups, and cover all the important aspects of working in a team environment. You will work closely with our leadership coordinators and staff mentors during your summer placement.

The guided curriculum will help youth set goals and reflect on this meaningful hands-on experience.

This program is an excellent steppingstone for individuals who are considering a future in the fields of recreation, early childhood education, teaching, child & youth care, social work, counselling, human services, occupational therapy, speech & language pathologist, physiotherapist, first responder, medical care, and so much more.

Program placements are located at multiple summer camp locations, including, outdoor playground camps and recreation centres. WYLD Leaders must be flexible in their ability to complete their placement at either locations.

*Eligible applicants must be completing Grade 8 or older in June 2025

- All WYLD Leaders must complete the Step One Program before applying to Step Two.
- This program receives a high volume of applications. Successful candidates have enthusiasm, show initiative, professionalism and have experience with leadership involvement in their community or school.
- All applicants must have their own independent email address. We strongly encourage youth to communicate independently with our WYLD mentors. This is the first step to entering the world of employment.
- Interviews are held over multiple days and are one hour in length. Candidates who are offered an interview can choose what day and time works best for their schedule.



youth who want to one day be a first responder.

In the last four years, this highly regarded program has mentored over 200 youth and helped them gain experience for employment and post-secondary education in a variety of fields. Many youth who have completed this program now work for The District of Saanich as program assistants and program leaders. If you would be so kind to please share the attached poster with your school community, parents and students through your website, school newsletter or in the classroom that would be greatly appreciated. In the link below, you can access all the details involved in applying for the WYLD program, including our youth led WYLD commercial.

For more Information & Application visit : [Leadership | District of Saanich](#)

The program is now accepting applications for Summer 2025. Applications are open until May 1, 2025

This hands-on mentored placement program is perfect for youth who are interested in working with community, becoming a summer camp leader, teacher, lifeguard, fitness instructor, police officer, first responder and so much more. Students must be completing grade 8 in June of 2025 or older to be eligible to apply. This program is a two-year process in which youth are placed with a mentor to help them gain leadership skills to put towards future employment or post-secondary education. Youth are guided to become confident, self-aware, and empathetic leaders with a growth mindset all while having a blast in a summer camp or aquatic setting. New this year, we have added a partnership with the Saanich Police Department. Youth will have the chance to be a police officer for the day and see exactly what it entails. This option is great for



SUMMER 2025 DATES and INFORMATION

INTERVIEWS	May, 12, 13, 14 & 15, 3:30-8pm
WYLD- STAFF TEAM BUILDING	June 4, 5-9pm
STEP 1 TRAINING	June 17 5:30 - 8:30pm
STEP 2 TRAINING	July 2, 3 & 4: 10am-2pm



APPLICATIONS ARE OPEN
APRIL 1 TO MAY 1 2025

STEP ONE Learn to Lead

STEP ONE - Learn to Lead
\$180 - Step One - This program fee includes a T-shirt, tank top, games manual, guided curriculum workbook, eight hours of training, five hours of 1:1 mentorship meetings and 80 hours of guided, hands-on leadership experience. Program length - two weeks

APPLY HERE

STEP TWO Lead to Succeed

STEP TWO - Lead to Succeed
Applicants for this program must have completed Step One Summer 2024. WYLD Leaders who successfully complete this hands-on work experience and curriculum will receive a \$600 honorarium. Program length - four weeks

APPLY HERE



Saanich Police Youth Leadership Certificate **\$75** **APPLY HERE**

Join us for this awesome new opportunity as the WYLD Leadership Program partners with The Saanich Police Department.

In this one-day certificate program you can experience and try the police test obstacle course, see the forensic lab, engage with police dogs, get a tour of police vehicles and so much more! The program fee includes a special Police Youth Leadership T-Shirt, lunch and a certificate.

July 23, 9am-4pm



Jr. Leadership Games Certificate **REGISTRATION REQUIRED**

Join our staff for a three-day intensive games boot camp. This is an awesome introductory program for youth wanting to gain skills applicable to working as a summer camp leader. There is no application required for this program. Campers are required to have completed Grade 7.

August 6, 7, 8, 10am-3pm

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SUBWAY AND PIZZA LUNCHES

The weekly deadline to place orders for Subway is Sunday at noon and for Pizza is Monday at noon for the upcoming week.

Here is the link to School Cash Online to make your order:

<https://sd61.schoolcashionline.com/>



Please note that there are no refunds for unclaimed pizza or Subway.

Parents – you can arrange to pick up your order the same day or transfer it to another student if you inform us by 11am on Tuesdays (Subway) and Thursdays (Pizza) at colquitz@sd61.bc.ca or call 250-479-1678.



Sunday May 4th
10am-Noon
Tillicum Centre
Lower Parking Lot



You can support this very important cause by participating in our school fundraisers, volunteering at the event, donating online through Kev (beginning April 7th), and most importantly registering for the 1km or 5 km walk/run. **When you register, please use the team Colquitz Fights Cancer team.**

For more information:

<https://raceroster.com/events/2025/103887/kidsrun-victoria-2025>

Colquitz Fights Cancer team Link: <https://raceroster.com/events/2025/103887/kidsrun-victoria-2025/register?team=799451>

You can also contact Christine Crljenkovic at the school ccrljenkovic@sd61.bc.ca

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TRI-SPHERE TRAINING

SUMMER BASKETBALL CAMPS



Skills and Development Camp:

July 21st - 25th

Game Ready Camp:

August 11th - 15th

COACHED BY:

ETHAN BOAG

5th Year Captain of UVIC Vikes
Mens Basketball Team



8-11 YEARS OLD

Boys & Girls
9.00 AM - 12.00 PM

12-15 YEARS OLD

Boys & Girls
1.00 PM - 4.00 PM

To register or for more
information please contact:

250-896-4875
edboag@gmail.com



**FRIDAY
NIGHTS
DINNER
SKATING
& MOVIE**

**AGES 11 - 16
\$5**




Jan 10th - April 18th
Fridays - 5:45 - 9:00pm
@ The Flipside Youth Centre
G.R. Pearkes Recreation Centre

REGISTER HERE


Tylera.smith@saanich.ca saanich.ca/youth 250 475 5462

Bring your friends and hang out on a Fridays at the Flipside. Enjoy Dinner, themed skates & a movie in our awesome youth centre.



**STORIES &
SLIME
YOUTH BOOK
CLUB**

AGES 11 - 15



Wednesdays 6:00 - 8:00pm
Jan 15th - June 4th
@ The Flipside Youth Centre
G.R. Pearkes Recreation Centre

REGISTER HERE

Are you ready for exciting adventures, mind-bending mysteries, and powerful stories? Whether you love fantasy, action, or stories that make you think, our book club has something for everyone. If you love reading, making crafts, and having a blast with friends, Stories & Slime is the place to be.

Tylera.smith@saanich.ca saanich.ca/youth 250 475 5462

A SUBSIDY OF PLAY • FOREVER CANADA



School District 61

**3 on 3 After School
Basketball League**

All Skill Levels Welcomed!



Sign Up Here!



Reversible Jersey Included
Grades 6-8

Mentor Message ★
Pizza + Drink

Victoria High School Gym
Meet Retired UVIC Players

Fridays, 7-9 PM
April 25 - June 6

Contact: Sean Powell spowell@sd61.bc.ca