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THIS WEEK'S REFLECTIONS

Hello Colquitz Families,

It has been another fun-filled week at Colquitz. On Monday, we held our first Vaisakhi celebration in the foyer as part of Sikh Heritage Month. We served pakoras to everyone, while we played music and students danced Giddha. It was a joyful chance to be together and learn more about Sikh culture. I overheard several students exclaim, "This is really good!" as they tasted pakoras for the first time, which made my heart sing.;) Many thanks to the Culture Club students and Mr. Singh for helping to organize and facilitate this event. Most especially a BIG THANK YOU to Royal Tandoor for generously donating the pakoras!

Also on Monday, Ms. Patten took students to the annual Book Battle at Lambrick Secondary School. Students have been practicing for weeks, and it is always a fun way to connect with other middle schools across the district in this fun competition.

On Thursday, several students went to the Lahal Tournament at WSANEC with Ms. James, Mr. Wilson, and Ms. Spies. It was also NEON day today!

Lastly, Congratulations to Amber Pod who have raised over \$800 for the Kids Run in their "Loonie Derby". For each dollar collected, a printed loonie is taped up on the wall. The class with the longest line will get the satisfaction of making a difference for an

important cause and will have an ice cream party to celebrate their achievement.

Enjoy this long weekend with your family and friends—especially this sunshine!

Carrie Schlappner,
 Principal



















next week at a glance

Monday, Apr 21

• Easter Monday (No School)

Tuesday, Apr 22

Earth Day

Wednesday, Apr 23

- International Admin Assistants Day
- Yo HaShoah
- Student-Led Conferences 2:30pm-6:30pm -Early dismissal @1.49 pm

Thursday, Apr 24

•

Friday, Apr 25

•

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upcoming important dates—mark your calendars!

Friday, May 2 Class/Group Photos

Monday, May 5 Red Dress Day

CPAPA Meeting @ 6.30 pm

Tuesday, May 6 Grade 6 immunizations
Wednesday, May 7 Theatre Pull-out begins

Tuesday, May 13 Gr 6 Immunization catch ups Thursday, May 15 Moosehide Campaign Day

District Transition Day—Early dismissals of Grade 8's

Friday, May 16 Pro D Day (No School for students)

Monday, May 19 Victoria Day—No School



Please note that our **STUDENT- LED CONFERENCES** are **WEDNESDAY**, **APRIL 23**rd from
2:30-6:30pm

(Teachers will be on dinner break from 5-5:30pm,

but you are welcome in their classrooms)

This is an **OPEN HOUSE format**.

so you do not need to make an appointment—just pop by!

If you would like to speak to the teacher about any concerns, please let them know to set up a separate time to meet privately.

Reporting Absences Please email <u>colquitz@sd61.bc.ca</u> AND your child's teacher if your child will be late or absent, or call the Attendance Line at 250-479-4313.



This is the best way to ensure we get the message and a callout does not go out to you in error.

Thank you

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SPORTS @ COLQUITZ

Here is the schedule for Sports practices and games. Please check in with your students around information from coaches.

https://docs.google.com/document/d/1ii_RjwQmRWcUiQaguArHlQ6Mj882QdROC2rNWcV1Q5k/edit?usp=sharing

April 21-25	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before school		Kiet 6/7 girls volleyball 7:00-8:10 am	Boys Basketball Open Gym 7-810	VB practice 7:30 girls 8	
Lunch practice		T & F practice Running-all distances	Track and Field Practice LJ/TJ Shot Put/Discus	Rugby HJ in gym	Distance run practice
After school practice			T & F practice		
Competition		6/7 Boys Rugby Colquitz 3:45- 5:45	Badminton exh 3 Hosting St. Andrews	% Boys Rugby Royal Oak Middle School 3:45-5:45	

We are looking for community coaches who can help with track and field

please contact Christine Crljenkovic ccrljenkovic@sd61.bc.ca



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MUSIC

Tour Updates:

- Please bring \$2 for a gift for our bus drivers if you have not already done so. There was a post on the google classroom.
- There will be a **required** meeting for **STUDENTS** going on tour on Wednesday, April 23rd at lunch **EATING TIME**. (11:57 am) Please bring your lunch to the **band room**. If you have other activities that day, please arrange to miss the for the one day.
- Students need to pack a lunch to bring with them on Friday.
- Remember: Call time is 4:45 am on Friday.
- Please read through the packing list and itinerary before we leave.



- Practice is next due on April 30th.
- The Esquimalt Buccaneers day parade is on Saturday, May 10th. Parent/guardian volunteers will be needed!
- Marching band has started! All band 6-8 students participate in marching band at Colquitz, and we perform in the Esquimalt Buccaneers day parade! Colquitz is one of the few middle schools in Victoria who do marching band.
- Extra help is available during nutrition break on Tuesday-Thursday, and Tuesday/Wednesday lunch recess.

Band Schedule:

Tuesday: TOUR Jazz Band 7:40 am

Wednesday: Band 6 COMBINED (All instruments, amber AND green pod) at 740 am.

Thursday: TOUR BAND at 7:40 am. Jazz band at lunch.

Morning rehearsals are part of the commitment to being in band and students are expected to attend them. If your student is going to miss a class, please email Ms. Forster!

If students do not have their instruments, they are expected to still come to class.

All other information about Fine Arts can be found at our website: https://www.colquitzfinearts.weebly.com/

Yearbooks are on sale now!

Yearbooks cost \$25

To order your child a copy of the yearbook, please go to **ybpay.ca** and use the order **ID 13717625.**

<u>Deadline to order yearbook is May 20th,2025</u>
If you have any questions please contact Megan Schuring at mschuring@sd61.bc.ca



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Kids Run 2025 May 4th, 2025

One of our goals at Colquitz Middle School is to raise awareness of childhood cancers and to support Pediatric Oncology for Vancouver Islands' Kids through fundraising events! We are proud to be teaming with Kids Run 2025 once again this year.

You can support this very important cause by participating in our school fundraisers, volunteering at the event, donating online through Kev (beginning April 7th), and most importantly registering for the 1km or 5 km walk/run. When you register, please use the team <u>Colquitz Fights Cancer</u> team.



For more information:

https://raceroster.com/ events/2025/103887/kidsrun-victoria-2025

Colquitz Fights Cancer team Link:

https://raceroster.com/ events/2025/103887/kidsrun-victoria-2025/ register?team=799451

You can also contact Christine Crljenkovic at the school ccrljenkovic@sd61.bc.ca

Through research funding, social support and ongoing education, we CAN make a difference.



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Musical Theatre Calendar

APRIL

20	21 EASTER MONDAY	22 Lunch: Soloists After school: Review Don, Kathy, Cos	23 Lunch: Transition Scene After school: Scene 18 (finale, no ensemble)	24 Tour Prep Day	25 SENIOR MUSIC TOUR TO VANCOUVER	26 SENIOR MUSIC TOUR TO VANCOUVER
27	28 Lunch: CREW After school: Scene 4 (RF's party: speaking characters only)	29 Lunch: TBD After school: Scene 3 (in the park)	30 Lunch: Norman Bailey After school: Review Norman scenes +Stars (scene 1, no ensemble)			

Musical Theatre Volunteer Request



Is your child part of the musical? Are you looking for an opportunity to help out?

If so, come on by on Wednesday, April 30 at 6:30pm to help.

The goal is to sort, dispose, and clean makeup. Bonus - there will be treats!

If you're able to attend, please email Serena at

SerenaBirkSamra@gmail.com



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FamilySmart Workshops

Parenting When Anxiety Shows Up As Anger

Join us as we watch a video that answers questions families have asked about the relationship between anger and anxiety and stay for a facilitated conversation. We'll share experiences and strategies that can help in the hard moments and focus on strengthening our relationship with our children when those have passed. Speaker(s): Karen Peters, Registered Clinical Counsellor with Thrive Life Counselling and Wellness Victoria Keddis, Manager and Facilitator of FamilySmart Practice

Dates & Time: Wed. April 16th, 6:30 pm & Tues. April 22, 6:30 pm **Watch Now:** https://youtu.be/Sk7b45uMxn0?si=k3nXqirP5gBuf2ZP

Our Monthly "In the Know" Parenting Education provides expert speakers on topics important to young people, families and/or those working to support the mental health of children and youth. For more information, visit our website: www.familysmart.ca.

connect and Learn

For families and caring adults who are parenting a child or youth with mental health and/or substance use challenges.

EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'. WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR UNDERSTANDING AND CONNECTION WITH OUR KIDS.

Parenting When Anxiety Shows Up As Anger

Anxiety in our kids can show up as anger, and that can make parenting extra challenging. Discover some strategies that can help us before, during, and after these hard moments.

Learn from Karen Peters, Registered Clinical Counsellor.

Join us to watch a video presentation together and stay for a facilitated conversation by our Family Peer Support

Cost: Free of Charge

Date(s):

Thursday, April 3rd at 6:30pm (Most of BC)
Tuesday, April 8th at 6:30pm (Most of BC)
Wednesday, April 9th at 12:00pm (Most of BC)
Wednesday, April 16th at 6:300pm (Most of BC)
Tuesday, April 22nd at 6:30pm (Most of BC)

Registration required: www.familysmart.ca/events





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WYLD Leadership Summer Program

WYLD Leadership Program

GRADE 8+*

Are you interested in spending your summer working with kids? Do you want to be a leader in your community? Let us help guide you in your leadership and kill building journey.

Join us for a meaningful mentored placement. Spend your days learning applicable skills for a summer camp job, instructing swimming lessons, or working specialty programs and beyond. You'll learn to lead and play all the best games, gain confidence in planning activities with groups, and cover all the important aspects of working in a team environment. You will work closely with our leadership coordinators and staff mentors





The guided curriculum will help youth set goals and reflect on this meaningful hands-on experience.

This program is an excellent steppingstone for individuals who are considering a future in the fields of recreation, early childhood education, teaching, child & youth care, social work, counselling, human services, occupational therapy, speech & language pathologist, physiotherapist, first responder, medical care, and so much more.

Program placements are located at multiple summer camp locations, including, outdoor playground camps and recreation centres. WYLD Leaders must be flexible in their ability to complete their placement at either locations.

*Eligible applicants must be completing Grade 8 or older in June 2025

- All WYLD Leaders must complete the Step One Program before applying to Step Two.
- This program receives a high volume of applications. Successful candidates have enthusiasm, show initiative, professionalism and have experience with leadership involvement in their community or school.
- All applicants must have their own independent email address. We strongly encourage youth to communicate independently with our WYLD mentors. This is the first step to entering the world of employment.
- Interviews are held over multiple days and are one hour in length. Candidates who are offered an interview can choose what day and time works best for their schedule.

The program is now accepting applications for Summer 2025. Applications are open until May 1, 2025

This hands-on mentored placement program is perfect for youth who are interested in working with community, becoming a summer camp leader, teacher, lifeguard, fitness instructor, police officer, first responder and so much more. Students must be completing grade 8 in June of 2025 or older to be eligible to apply. This program is a two-year process in which youth are placed with a mentor to help them gain leadership skills to put towards future employment or post-secondary education. Youth are guided to become confident, self-aware, and empathetic leaders with a growth mindset all while having a blast in a summer camp or aquatic setting. New this year, we have added a partnership with the Saanich Police Department. Youth will have the chance to be a police officer for the day and see exactly what it entails. This option is great for

youth who want to one day be a first responder.

In the last four years, this highly regarded program has mentored over 200 youth and helped them gain experience for employment and post-secondary education in a variety of fields. Many youth who have completed this program now work for The District of Saanich as program assistants and program leaders. If you would be so kind to please share the attached poster with your school community, parents and students through your website, school newsletter or in the classroom that would be greatly appreciated. In the link below, you can access all the details involved in applying for the WYLD program, including our youth led WYLD commercial.

For more Information & Application vis-

it: Leadership | District of Saanich





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SUBWAY AND PIZZA LUNCHES

The weekly deadline to place orders for Subway is Sunday at noon and for Pizza is Monday at noon for the upcoming week.

Here is the link to School Cash Online to make your order:

https://sd61.schoolcashonline.com/

Please note that there are no refunds for unclaimed pizza or Subway.

Parents – you can arrange to pick up your order the same day or transfer it to another student if you inform us by 11am on Tuesdays (Subway) and Thursdays (Pizza) at colquitz@sd61.bc.ca or call 250-479-1678.



Wed, April 23 - During nutrition break 10:18-10:33, lunch 11:57-12:42 & Parent-Teacher Conf. 1:50 to 6:00 Thurs, April 24 During nutrition break 10:18-10:33, lunch 11:57-12:42 & after school 2:49 to 3:30

Every purchase benefits our school. School House will donate 20% of total sales for buying more books & resources for our school.

Organized By:-

SCHOOL HOUSE TEACHING SUPPLIES & BOOKSTORE

Phone: 250-385-9030 | Email: schoolhouseteachingsupplies@shaw.ca Tillicum Mall. 103-3170 Tillicum Road. Victoria BC

Any parents able to volunteer to help with the Book Fair set-up on Tuesday April 22nd, please e-mail Ms. Patten at epatten@sd61.bc.ca

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SUMMER BASKETBALL CAMPS



Skills and Development Camp:

July 21st - 25th

<u>Game Ready Camp:</u> August 11th - 15th

COACHED BY:

ETHAN BOAG

5th Year Captain of UVIC Vikes Mens Basketball Team



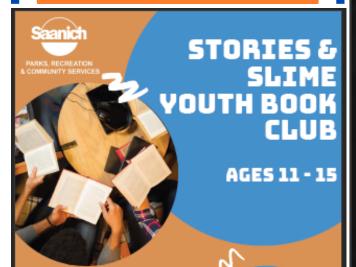
8-11 YEARS OLD

Boys & Girls 9.00 AM - 12.00 PM 12-15 YEARS OLD

Boys & Girls 1.00 PM - 4.00 PM

To register or for more information please contact:

250-896-4875 edboag@gmail.com



Wednesdays 6:00 - 8:00pm Jan 15th - June 4th

@ The Flipside Youth Centre G.R. Pearkes Recreation Centre

REGISTER HERE 🛠

ylera.smith@saanich.ca saanich.ca/youth

250 475 5462

re you ready for excit

hether you love fantasy, action, stories that make you think, our

book club has something for

everyone. If you love reading, making crafts, and having a blast with friends, Stories & Slime is the place to be.



