friday, april 11, 2025

### THIS WEEK'S REFLECTIONS

Hello Colquitz Families,

It was another wonderful week at Colquitz. Badminton, Rugby and Track & Field practices are in full swing, and the Musical rehearsals are going strong. And don't forget about Mountain Biking, Rainbow Club, Leadership, Yearbook and so much more!

Division 17 enjoyed a lesson on plate tectonics as well as badminton this week. Division 10 reveled in one of their trips to Pearkes for skating this week as well. We are so fortunate to be able to offer this opportunity to all of our classes throughout the year.

Coming up, we have a celebration planned on Monday for Vaisakhi. We will be handing out pakoras, listening to music, and learning more about this important day for the Sikh community.

After the Easter long weekend there will be Student-led Conferences on Wednesday, April 23rd. See more information on Page 2. Also, please keep an eye out in your email for important information about placement requests for next year.

Enjoy this weekend with your family and friends—especially this sunshine!

- Carrie Schlappner, Principal









next week at a glance

- Monday, Apr 14
- Vaisakhi/Baisakhi
- Tuesday, Apr 15
- PAC Meeting @ 6.30pm in Library
- Wednesday, Apr 16
- Thursday, Apr 17
- Friday, Apr 18 Good Friday (No School)

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### upcoming important dates—mark your calendars!

Monday, April 19 Tuesday, April 22 Wednesday, April 23

Friday, May 2 Monday, May 5 Wednesday, May 7 Tuesday, May 13

Easter Monday (No School) Earth Day International Admin Assistants Day Yo HaShoah Student-Led Conferences 2:30pm-6:30pm Early dismissal @1.49 pm Class/Group Photos CPAPA Meeting @ 6.30 pm Theatre Pull-out begins Gr 6 Immunization catch ups



## Please note that our **STUDENT-**LED CONFERENCES are WEDNESDAY, APRIL 23rd from 2:30-6:30pm

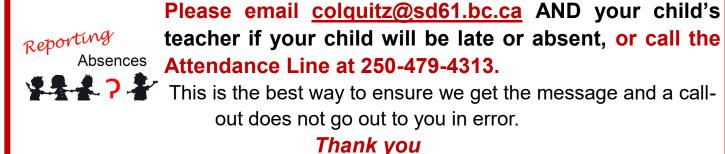
(Teachers will be on dinner break from 5-5:30pm,

but you are welcome in their classrooms)

### This is an **OPEN HOUSE format**.

### so you do not need to make an appointment—just pop by!

If you would like to speak to the teacher about any concerns, please let them know to set up a separate time to meet privately.



This is the best way to ensure we get the message and a callout does not go out to you in error.

Thank you

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## **SPORTS @ COLQUITZ**

Here is the schedule for Sports practices and games. Please check in with your students around information from coaches. <u>https://docs.google.com/document/</u> d/1ii RjwQmRWcUiQaguArHIQ6Mj882QdROC2rNWcV1Q5k/edit?usp=sharing





April 14-17	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Good Friday
Before school		Kiet 6/7 girls volleyball 7:00-8:10 am	Boys Basketball Open Gym 7-810	VB practice 7:30 girls 8	
Lunch practice	T & F practice Discus, shotput, LJ/TJ	T & F practice Running-all distances	Track and Field Practice LJ/TJ Shot Put/Discus	Rugby HJ in gym	
After school practice	Mtn Biking		T & F open practice 3-3:45		
Competition		6/7 Boys Rugby	Badminton exh 2 Hosting Selkirk Girls Rugby	% Boys Rugby	

If you have any questions, please contact Christine Crljenkovic <u>ccrljenkovic@sd61.bc.ca</u>

### next week at colquitz friday, april 11, 2025

#### MUSIC

#### **Tour Updates:**

- Please bring \$2 for a gift for our bus drivers if you have not already done so.
- There will be a **required** meeting for STUDENTS going on tour on Wednesday, April 23rd at lunch.

#### **Important Information:**

- Practice is next due on April 30th.
- The Esquimalt Buccaneers day parade is on Saturday, May 10th. Parent/guardian volunteers will be needed!
- Marching band has started! All band 6-8 students participate in marching band at Colquitz, and we perform in the Esquimalt Buccaneers day parade!
- Extra help is available during nutrition break on Tuesday-Thursday, and Tuesday/Wednesday lunch recess.

#### **Band Schedule:**

Tuesday: Jazz Band 7:40 am

Wednesday: Band 6 COMBINED (All instruments, amber and green pod) at 740 am.

**Thursday: MARCHING BAND (All band 6-8 students).** Jazz band at lunch. For marching band, we will be outside, so please make sure your student has shoes that they can get grass on. Rainboots are recommended.

- ⇒ Morning rehearsals are part of the commitment to being in band and students are expected to attend them. If your student is going to miss a class, please email Ms. Forster!
- ⇒ Until the parade on May 10th, we will be doing marching band rehearsals on several mornings. This is very important for the parade on May 10th, and all students are expected to attend these rehearsals.

There will ALSO be marching band on these dates at 7:40 AM. Thursday, May 1st Thursday, May 8th Friday, May 9th

All other information about Fine Arts can be found at our website: <u>https://www.colquitzfinearts.weebly.com/</u>

### Yearbooks are on sale now!

Yearbooks cost \$25

To order your child a copy of the yearbook, please go to **ybpay.ca** and use the order **ID 13717625.** 

<u>Deadline to order yearbook is May 20<sup>th</sup>,2025</u>

If you have any questions please contact Megan Schuring at <u>mschuring@sd61.bc.ca</u>



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### Kids Run 2025 May 4th, 2025

One of our goals at Colquitz Middle School is to raise awareness of childhood cancers and to support Pediatric Oncology for Vancouver Islands' Kids through fundraising events! We are proud to be teaming with Kids Run 2025 once again this year.

You can support this very important cause by participating in our school fundraisers, volunteering at the event, donating online through Kev (beginning April 7th), and most importantly registering for the 1km or 5 km walk/run. **When you register, please use the team** <u>Colquitz</u> <u>Fights Cancer team</u>.



For more information: https://raceroster.com/ events/2025/103887/kidsrun-victoria-2025

<u>Colquitz Fights Cancer team Link:</u> <u>https://raceroster.com/</u> <u>events/2025/103887/kidsrun-victoria-2025/</u> <u>register?team=799451</u>

You can also contact Christine Crljenkovic at the school <u>ccrljenkovic@sd61.bc.ca</u>

Through research funding, social support and ongoing education, we CAN make a difference.



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Musical Theatre Calendar														
APRIL														
sunday	monday		tuesday –	we	ednesday	th	thursday friday saturday							
			Soloists After school: Scene 3 "Bro (in the park)		Tour choir Do Lunch: Afte dway Melody" S		3 Lunch: on & Kathy ter school: Scene 4 IF's party)		4		5			
6 SUNDAY REHEARSAL 1:00 - 2:30 Review all D. c. K Music & choreo + Scenes 2:45 - 4:00 Chorus Girls	7 Lunch: CREW After school Scene 7 (movie studic	A	8 Lunch: Scene 6 ore "Make 'em") fter school: Scene 8 after 4 leaf)	9 BEFORE SCHOOL: Tour choir Lunch: "Broadway Melody" Soloists only After school: Scene 2 (after premiere)		10 Lunch: Dancers After school: Scene 10 a &b (Ms. Dinsmore scenes)		11 Lunch: <mark>Scene 14</mark> (RF's office)			12			
13 SUNDAY REHEARSAL 1:00 - 4:00 "Moses Supposes Reprises" "People in the Movies"	14 Lunch: CREW After school Scene 15 (sound studie	Sc	15 Lunch: Soloists fter school: cene 17 a & b office, no song)	T Af	fter school: Af Scene 18 Scen e, no ensemble) Wron		17 Lunch: Scene 2 er school: e 16 "What's g With Me?"	18 GOOD FRIDAY			19			
20	21 EASTER MONDAY		22 Lunch: Soloists fter school: ew Don, Kathy, Cos	23 Lunch: Transition Scer After school: hy, Scene 18 (finale, no ensemt		Tou	24 r Prep Day	25 SENIOR MUSIC TOUR TO VANCOUVER		TO	26 DR MUSIC DUR TO COUVER	го		
27	28 Lunch: CREW After school Scene 4 (RF's pa speaking characters on	rty: So	29 Lunch: TBD Nor fter school: Aft ene 3 (in the Revi park) scene:		30 Lunch: rman Bailey ter school: iew Norman is +Stars (scene no ensemble)		*****		n e					
	monday tuesday					Wednesday thursday			frida	v	saturday			
		day				<u>,</u>		,	1 Lunch Don & Ka After sch Scene (Movie str	n: athy lool: 7	2 Lunch TBD	1:	3	
	4 SUNDAY REHEARSAL 1:00 – 4:00 FULL RUN		5 Lunch: CREW After school: Scene 4 (RF's party: speaking characters only) 12 Lunch: CREW After school: Chorus Girl scene review		Scene 12 (people on the street) 13 Lunch: Scene 14 After school: Scene 18 (no ensemble)		7 THEATF PULLOI 1:45-4: "Broadway M	RE Lunc UT TBD 15 After scl		n: Iool: Laugh"	9 Luncł TBD		10	
11 Mother's Day 18		r's Day					14 THEATF PULLOI 1:45-4: "Broadway M	JT 15	TBD After school lody" Scene 15		16 <b>PRO-</b>	D	17	
					20 Lunch: CREW After scho Review Don, I Cos	ol:	21 THEATF PULLOU 1:45-4: FULL RU	DUT TBD :15 After sc :UN TBD			23 Lunch TBD		24	
25 SUNDAY REHEARSAL 1:00 – 4:00 FULL RUN		26 27 Lunch: Lunch: Review solos Review Du After school: After scho Run Act 1 Problem sc		ets ol:	28 THEATRE PULLOUT 1:45-4:15 FULL RUN		29 Lunch: Review Trios After school: Run Act 2		30 Lunch Crew final n		31			
	FULL rehe AT CO	I DRESS arsal .QUITZ: 4pm	2 Show we Dress and 3 – 10pr AT SPECTI	Tech n	3 Show # 6 – 10pr AT SPECTF (show star 7:30pm	n RUM ts at	4 Show # 6 – 10p AT SPECT (show sta 7:30pn	m RUM rts at	5 NO SH TONIGI		6 Show 6 – 10p AT SPEC (show sta 7:30p	om IRUM Irts at	7 Final night! 6 – 10pm AT SPECTRUM (show starts at 7:30pm)	

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### **FamilySmart Workshops**

#### Parenting When Anxiety Shows Up As Anger

Join us as we watch a video that answers questions families have asked about the relationship between anger and anxiety and stay for a facilitated conversation. We'll share experiences and strategies that can help in the hard moments and focus on strengthening our relationship with our children when those have passed. Speaker(s): Karen Peters, Registered Clinical Counsellor with Thrive Life Counselling and Wellness Victoria Keddis, Manager and Facilitator of FamilySmart Practice

Dates & Time: Wed. April 16th, 6:30 pm & Tues. April 22, 6:30 pm

Watch Now: <a href="https://youtu.be/Sk7b45uMxn0?si=k3nXqirP5gBuf2ZP">https://youtu.be/Sk7b45uMxn0?si=k3nXqirP5gBuf2ZP</a>

Our Monthly "In the Know" Parenting Education provides expert speakers on topics important to young people, families and/or those working to support the mental health of children and youth. For more information, visit our website: www.familysmart.ca.

#### intheknow onne For families and caring adults who are parenting a child or youth with mental health and/or substance use challenges. EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'. WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR UNDERSTANDING AND CONNECTION WITH OUR KIDS. Parenting When Anxiety Shows Up As Anger Cost: Free of Charge Date(s): Anxiety in our kids can show up as anger, and that can make parenting extra challenging. Discover some strategies that can help us before, during, and after these Thursday, April 3rd at 6:30pm (Most of BC) hard moments. Tuesday, April 8th at 6:30pm (Most of BC) Wednesday, April 9th at 12:00pm (Most of BC) Learn from Karen Peters, Registered Clinical Counsellor, Wednesday, April 16th at 6:300pm (Most of BC) Tuesday, April 22nd at 6:30pm (Most of BC)

Join us to watch a video presentation together and stay for a facilitated conversation by our Family Peer Support Workers.

Registration required: www.familysmart.ca/events



FamilySmart

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### WYLD Leadership Summer Program

### WYLD Leadership Program

GRADE 8+\*

Are you interested in spending your summer working with kids? Do you want to be a leader in your community? Let us help guide you in your leadership and skill building journey.

Join us for a meaningful mentored placement. Spend your days learning applicable skills for a summer camp job, instructing swimming lessons, or working specialty programs and beyond. You'll learn to lead and play all the best games, gain confidence in planning activities with groups, and cover all the important aspects of working in a team environment. You will work closely with our leadership coordinators and staff mentors during your summer placement.





The guided curriculum will help youth set goals and reflect on this meaningful hands-on experience. This program is an excellent steppingstone for individuals who are considering a future in the fields of recreation, early childhood ducation, teaching, child a youth care, social work, counselling, human services, occupational therapy, speech & language pathologist, physio-meapist, first responder, medical care, and so

much more. Program placements are located at multiple summer camp locations, including, outdoor playground camps and recreation centres. WYLD Leaders must be flexible in their ability to complete their placement at either locations.

#### \*Eligible applicants must be completing Grade 8 or older in June 2025

- All WYLD Leaders must complete the Step One Program before applying to Step Two.
   This program receives a high volume of applications.
- This program receives a high volume of applications.
  Successful candidates have enthusiasm, show initiative, professionalism and have experience with leadership involvement in their community or school.
- All applicants must have their own independent email address. We strongly encourage youth to communicate independently with our WYLD mentors. This is the first step to entering the world of employment.
- Interviews are held over multiple days and are one hour in length. Candidates who are offered an interview can choose what day and time works best for their schedule.

youth who want to one day be a first responder.

In the last four years, this highly regarded program has mentored over 200 youth and helped them gain experience for employment and postsecondary education in a variety of fields. Many youth who have completed this program now work for The District of Saanich as program assistants and program leaders. If you would be so kind to <u>please share the attached poster</u> with your school community, parents and students through your website, school newsletter or in the classroom that would be greatly appreciated. In the link below, you can access all the details involved in applying for the WYLD program, including our youth led WYLD commercial.

#### For more Information & Application vis-

it : Leadership | District of Saanich

The program is now accepting applications for Summer 2025. Applications are open until May 1, 2025

This hands-on mentored placement program is perfect for youth who are interested in working with community, becoming a summer camp leader, teacher, lifeguard, fitness instructor, police officer, first responder and so much more. Students must be completing grade 8 in June of 2025 or older to be eligible to apply. This program is a two-year process in which youth are placed with a mentor to help them gain leadership skills to put towards future employment or post-secondary education. Youth are guided to become confident, self-aware, and empathetic leaders with a growth mindset all while having a blast in a summer camp or aquatic setting. New this year, we have added a partnership with the Saanich Police Department. Youth will have the chance to be a police officer for the day and see exactly what it entails. This option is great for



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### **SUBWAY AND PIZZA LUNCHES**

The weekly deadline to place orders for Subway is Sunday at noon and for Pizza is Monday at noon for the upcoming week.

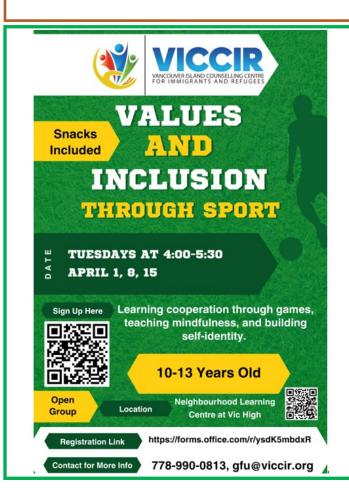
Here is the link to School Cash Online to make your order:



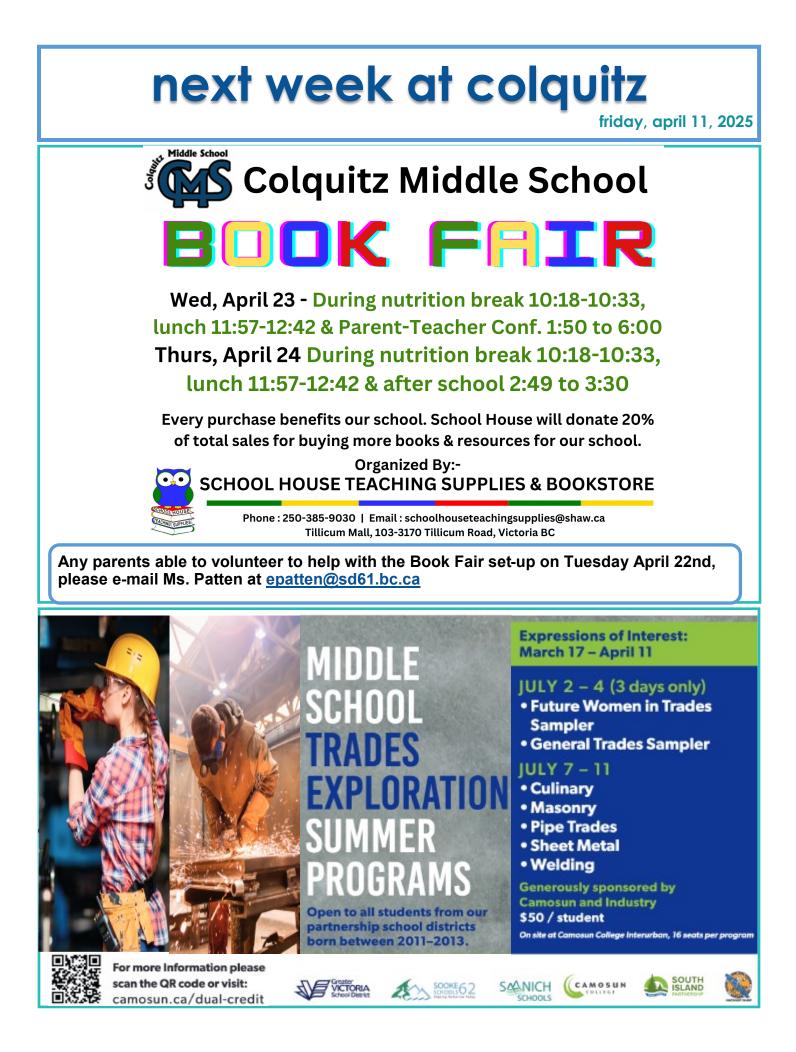
https://sd61.schoolcashonline.com/

Please note that there are no refunds for unclaimed pizza or Subway.

Parents – you can arrange to pick up your order the same day or transfer it to another student if you inform us by 11am on Tuesdays (Subway) and Thursdays (Pizza) at colquitz@sd61.bc.ca or call 250-479-1678.







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