

next week at colquitz

friday, april 12, 2024

THIS WEEK'S REFLECTIONS

Hello Colquitz Families,

I have an important issue to share with you today around traffic safety, because at Colquitz, safety for students, staff, and our wider community is our number one priority.

We have received a number of concerned phone calls and emails from neighbours who are worried about unsafe driving and parking around the school. It is important that we be kind, respectful and safe of our community, and we appreciate everyone doing their part to ensure this. **For example, people should not be parking close to crosswalks, nor in our bus zones. People should also not block driveways to drop off or pick up, nor use driveways to turn around.**



One solution we encourage families to consider is to **use more active transport to get to school (walking, biking, scootering and skateboarding)**, and if in a car, to **drop off further away from the school or park a couple of blocks away to avoid congestion**. We also encourage you to leave the house 5-10 minutes earlier to allow for more time to drop off further away. Lastly, **please plan your route so that you can drop off/pick up and keep going in the same direction**. Along with benefits to traffic congestion, it builds student independence and wellness to walk, bike, scooter or skateboard (with helmets!), even if it's just from a few blocks away.

Please be aware that Saanich is planning on sending traffic officers to ticket those who display unsafe driving practices or engage in illegal parking.

Thank you to those families and their students who already do this, and thank you for considering this more carefully moving forward.

Have a wonderful weekend with your family.

- Carrie Schlappner—Principal

FINE ARTS FUNDRAISER HELP—TUESDAYS AT LUNCH

CPAPA is looking for parents to help supervise popcorn sales at lunch (11:50am-12:50pm) on Tuesdays. This is a fundraiser that supports band, choir, strings, drama and musical theater. We need one parent per week for 1 hour over the lunch break. Students are responsible for selling the popcorn, we just need a parent to help supervise. Please use the link to sign up for a slot. More details will come out to volunteers this weekend. Thanks for supporting the performing arts!

<https://m.signupgenius.com/#!/showSignUp/10C054FABAF2BA2FC1-49053326-kernels>



next week at a glance

Monday, April 15

Tuesday, April 16

PAC Meeting @ 6:30pm in Library

Wednesday, April 17

Thursday, April 18

Indigenous Drumming in Foyer at 8:20am—everyone welcome
Pizza Day

Friday, April 19

Fun Socks Friday

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upcoming important dates—*mark your calendars!*

Sunday, April 21	Earth Day
Tuesday, April 23	Passover begins
Wednesday, April 24	Student-Led Conferences; International Admin Assistant's Day
Friday, April 25-26	Band Trip
Monday, April 29	Passover ends
Wednesday, May 1	Grade 6 and Grade 7 catch-up immunizations
Thursday, May 2	Band 6 Festival
Friday, May 3	Indigenous Student Lunch

Yearbooks are on sale now!

Yearbooks cost \$23.

To order your child a yearbook, please go to ybpay.ca and use the order ID **13717624**. **THESE CANNOT BE ORDERED THROUGH THE SCHOOL.**



Yearbooks include:

- 60+ colour pages of individual photos and fun memories from throughout the year.
- Sturdy soft cover
- Zoom insert that features current events and world news from the past year.

Reporting

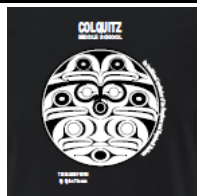
Absences



Please email colquitz@sd61.bc.ca AND your child's teacher if your child will be late or absent, or call the Attendance Line at 250-479-4313.

This is the best way to ensure we get the message and a call-out does not go out to you in error.

Thank you



The Salmon People Spirit Wear Fundraiser

We are excited to introduce to the Colquitz community "The Salmon People" by Qwul'thylum (Dylan Thomas). Dylan is a Victoria-born Coast Salish artist from the Lyackson First Nation, who was commissioned by Colquitz

PAC to create an art piece that reflected and celebrated our connection to our lands, and more specifically, the Colquitz River. The result is a spectacular circular cedar carving in the style of a spindle whorl, depicting the important interconnection between salmon and humans. We will be celebrating the official unveiling of The Salmon People on May 24th with a ceremony at the school. Dylan has given permission for us to use the image of The Salmon People on our spirit wear moving forward, and also, to use the proceeds to help raise money for the celebration and our Indigenous students at Colquitz. Thank you for your support. **Go to**

SCHOOL CASH ONLINE to order: <https://sd61.schoolcashionline.com/>

T-shirts: \$20

Crewneck: \$30

Hoodies: \$40



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Sole Sisters Victoria in partnership with
Saanich Fire Charitable Foundation presents...

15th Annual

KidsRun Victoria

Please
join
us!!!



Sunday May 5th
10am-Noon
Tillicum Centre
Lower Parking Lot

Come enjoy a morning full of FUN family activities, emergency vehicles, mascots, on-site barbecue by donation provided by Montana's Cookhouse, silent auction at the event and enjoy our beautiful nature trails. You can walk or run the 1k and or 5k routes.

Thank you for supporting KidsRun Victoria!
Please join our team and make a difference. Your participation will help to support the pediatric oncology ward at the Victoria General Hospital and children and families affected by cancer.

For full registration details check out:
www.SoleSistersVictoria.com

#KidsRunVictoria



In Support of



In Partnership with



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SPORTS @ COLQUITZ—Stay tuned for Spring Sports! **Rugby, Badminton and Track & Field**

Here is the schedule for Spring Sports.

Please check in with your students around information from coaches.

https://docs.google.com/document/d/1lxJXHhqJolxjbbEJXRtDbZXAA58Da_USsmCpgsV0EWO/edit?usp=sharing



Grade 6/7 Girls Volleyball Development Camp

Friday mornings there is a Volleyball Development Camp for 6/7 girls from 7:00am-8:00am with Kiet Nguyen. This is not a drop in so girls attending need to commit to coming on a regular basis.



Amber Pod Bottle Drive for KidsRun 2024

Please **BRING IN YOUR REFUNDABLE CONTAINERS** between Monday, April 15-Friday, April 19th to help raise money for the KidsRun!

Please make sure to:

- **SEPARATE** glass from all other containers. (No other sorting is needed.)
- Provide containers in **PLASTIC BAGS**, as we will be storing them for a few days.

THANK YOU for your help and support of
the KIDSRUN!

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**PEARKE'S
AFTER
SCHOOL
DROP IN
FREE!**



**January - June
Monday to Friday - 3:15- 5:15pm**

@ The Flipside Youth Centre
Pearkes Recreation Centre

A FREE supervised social for youth with snacks, pool, foosball, board and video games and more!

Tyler.smith2@saanich.ca saanich.ca/youth 250 475 5462

Pizza Hot Lunch Thursdays – Order yours now!



This is a reminder that in the last week of each month, families can order pizza for the next month.

April sales are open. May will go up in the last week of May.

Please note that you **need to order WEEK TO WEEK**, thus giving you the option to skip weeks if you so choose. **You must get your orders in each week BY MONDAY AT NOON.** There can be no exceptions.

Please note that there are **no refunds for unclaimed pizza.** Parents – you can arrange to pick up your order the same day or transfer it to another student **if you inform us by 11am Thursdays** at colquitz@sd61.bc.ca or call **250-479-1678.**

Here is the link to School Cash Online to make your order: <https://sd61.schoolcashionline.com/>



Please note that our **STUDENT-LED CONFERENCES** are **WEDNESDAY, APRIL 24th** from **2:30-6:30pm**

(Teachers will be on dinner break from 5-5:30pm, but you are welcome in their classrooms)

This is an **OPEN HOUSE format**, so you do not need to make an appointment—**just pop by!**

FINE ARTS UPDATE BAND AND STRINGS

Tour - 14 day countdown to the tour! If you missed the parent meeting, please check your email or the website for the information and make sure you have sent in your \$3. Have your kids hunt down that Colquitz music shirt NOW, so it's not a night-before problem please!

Grade 6 Band Festival I have one parent volunteer and need one more please! You will be walking the kids to Spectrum and back on the morning of Thursday, May 9th. You need to fill out the volunteer form on the school website. The next 3 Thursday mornings are for ALL grade 6 band students please and are very important.

Please check Mrs. Montgomery's website or your emails for important dates.

MUSICAL REHEARSAL SCHEDULE

APRIL						
sunday	monday	tuesday	wednesday	thursday	friday	saturday
	1 After School MONDAY	2 Holiday: no school	3 After School TUESDAY	4 After School WEDNESDAY	5 Lunch: Parent TDO After school	6
7 Sunday rehearsal 8:00-9:00 AM & "HOLIDAY ASSISTANT"	8 Lunch: Parent TDO After school	9 Lunch: After school	10 After School: all classes numbers (Papers, Assignments, transformation, NOT done)	11 Lunch: Parent TDO After school	12 Lunch: Dinner After school Mrs. Potts Elementary	13
14 Sunday rehearsal 8:00-9:00 AM & "HOLIDAY ASSISTANT"	15	16 Lunch: After school	17 After School (SCHEDULE) STARTING	18 Lunch: Parent TDO After school	19	20
21	22 Lunch: After school	23 Lunch: After school	24 STUDENT LED CONFERENCES 8:00-12:00	25 Lunch: Parent TDO After school	26 MUSIC TOUR TO VANCOUVER	27 MUSIC TOUR TO VANCOUVER
28	29	30	1 Lunch: After school			

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Kidovate Market Day is THIS SATURDAY!

Students from almost all middle and high schools across Greater Victoria are participating. Please consider adding Kidovate to your newsletter's events page **TODAY!**

Date: Saturday, April 13th

Time: 10am-4pm

Location: Victoria Bay Centre

Parking: 3 hr free parking at the Bay Centre

We need your help to build our customer base. Please also consider sharing one or more of these articles with your LinkedIn network (be sure to say Kidovate Market Day is happening in Victoria).

Business Examiner:

<https://businessexaminer.ca/victoria-articles/item/victoria-youth-put-their-entgpreneurship-skills-to-the-test-april-13th/>

Victoria Buzz:

<https://www.victoriabuzz.com/2024/04/kidovates-creative-youth-entrepreneurship-market-to-take-over-the-bay-centre-this-weekend/>

Consider sharing this Instagram link **today:**

https://www.instagram.com/reel/C5e-57yr0gw/?utm_source=ig_web_button_share_sheet&igsh=M2M0Y2JmOTAyOA==



200+ youth entrepreneurs



incredible merchandise for sale at great prices



Victoria's best Spring feel good event



*Market Day is Saturday, April 13th
The Bay Centre from 10-4*



Grade 7 Catch-up Immunizations



Public Health will be providing **catch-up immunizations to Grade 7 students who missed their Grade 6 immunizations on Wednesday, May 1, 2024**. Only students who have a paper consent form signed by their parent/guardian/representative from the 2022-2023 school year (Grade 6) will be immunized.

Contact the local Health Unit at 250-519-5100 if you have any questions.

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Family Smart Parent Events

(1) Connecting With Our Kids When Anxiety Leads to Social Isolation

** This is going to be a **great opportunity** for

families to have their questions answered by the counsellors on hand

Host: Esquimalt Military Family Resource Centre



Details: Parenting when our kid's anxiety leads to social isolation is hard for everyone. A parent and counsellor talk about what anxiety and social isolation are, what it can look like and feel like for our kids and at home, strategies families can try, and how important it is to connect with our children before doing the hard work of trying new things.

Join us as we come together with other families to watch this video followed by a facilitated discussion

Date & Time: April 17th at 6:00 pm

Address: 2610 Rosebank Rd, Colwood, BC V9C 4J7

RSVP: Lisa.Tate@FamilySmart.ca

If you want to watch the video now here is the link: <https://youtu.be/x5rvQPUbnSI?si=r0o-gXdeA9IcLsik>

(2) Understanding, Supporting and Connecting with Teens with Depression

Mood roller coasters are a part of normal development for our teens, but sometimes something more is going on with their mental health. How can we tell the difference? At what point should we intervene, and how can we go about it? If you as a caregiver and feel lost about how to best support your teen struggling with Depression, you are not alone.

Join **Victoria Keddiss, a parent with lived experience** and **Karen Peters, a mental health therapist** who supports children, teens and families, for a discussion about understanding how depression shows up in teens and ways of journeying with them through it.



Dates: April 11, 23, 25

Register: <https://familysmart.ca/monthly-events/>

(3) Special 2- Hour Live Online Event - CONNECTING WITH KIDS

We know that having caring, connected conversations can significantly impact the mental health of children and youth. Join us to listen to **Kim Barthel** talk about having more self-compassion, self-awareness and knowledge about the art and science of relationships.

Kim will introduce the basics of attunement, attachment theory, trauma-sensitive practice, sustainable self-care and above all the power of connection and inclusion.



National Child & Youth
Mental Health Day



Date & Time: Tuesday May 7th, 6:00 pm - 8:00 pm

Our May 7th event link with Kim Barthel - <https://familysmart.ca/event/connecting-with-kids/>

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Saanich
PARKS, RECREATION
& COMMUNITY SERVICES



LEGO CREATION

**AGES 10 - 15
FREE**

Wednesdays 6 - 7:30pm
April 17th - May 29th

Flipside Youth Centre
G.R. Pearkes Recreation Centre

REGISTER HERE 

Kickstart your Imagination at the Flipside! Our Lego Creation program offers a space to spread out and independently or collaboratively build, while staff provide snacks, music, and a helping hand

Tyler.smith2@saanich.ca saanich.ca/youth 250 475 5462

For over 30 years...

SOCCER DAY CAMPS

...more than just a soccer camp! **2024**



Unlock Amazing Savings if you sign up by June 1, 2024. DON'T MISS OUT!
* for a limited time only

Get ready for an unforgettable summer adventure!

- * July & August weeks
- * all kids aged 5 to 13
- * morning & full day sessions
- * before & after care available

Morning sessions from \$154*
Full day sessions from \$229*
*limited time offer, see website for details

royalsoccerclub.com
800-427-0536

For location & registration details, visit our website.

Saanich
PARKS, RECREATION
& COMMUNITY SERVICES



TEEN 2 CHEF

**AGES 12 - 17
\$15**

If cost is a barrier to your youth attending this program, please email Tyler.smith2@saanich.ca

Master basic cooking techniques and learn about the connections between food and health in a fun (and tasty) way! Snacks and food provided!

April 4th - May 9th
Thursdays - 4:30 - 6:30pm

@ The Saanich Neighbourhood Place
Kitchen
G.R. Pearkes Recreation Centre

REGISTER HERE 

Tyler.smith2@saanich.ca saanich.ca/youth 250 475 5462

Youth and Junior Youth Drop-in

A space to build meaningful friendships and develop your talents and interests!

Monday through Friday
3:00pm - 4:30pm
Tillicum Community Empowerment Centre
#102-306 Burnside Rd W



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Learning Surveys—Please participate!



Ministry of
Education and
Child Care

Dear Parents and Guardians/Caregivers,

The Student Learning Survey (SLS) has been administered every year in B.C. public schools since 2001. Prior to 2016-17 it was known as the Student Satisfaction Survey. The SLS provides feedback on the implementation of the curriculum changes, learning environment, student wellness and satisfaction, student belonging and engagement, and career preparation. The SLS is the only source of province-wide information about students' learning experiences through the perspectives of students, parents, guardians/caregivers, and school staff. Schools and districts use the SLS to make informed decisions around long-term planning and goal-setting, and in providing individual students personalized support. In 2021, the student survey underwent a review to accommodate an updated conceptual framework that align questions with the [core competencies](#) of the curriculum and the [British Columbia's Policy for Student Success](#).

We've worked - in collaboration with the BC Confederation of Parent Advisory Councils (BCCPAC) to update the parent and guardian/caregiver survey in 2018/19 and make it more useful for parent, guardians/ caregivers, teachers, and schools. Your valued participation is an important contribution to improving the educational experiences of children.

The parent and guardian/caregiver survey is now available online at www.bced.gov.bc.ca/sat_survey/access.htm and is available in 18 different languages. The survey will be available until Friday, May 3rd, and will take approximately 30 minutes to complete. Your responses are voluntary and anonymous, and your child will not be identified as a result of your participation in the survey. Any personal or identifying information will be deleted before results are stored. Data will be stored and accessible only within Canada.

The results of the parent and guardian/caregiver SLS survey will be available through the Ministry of Education and Child Care website [_ \(https://www2.gov.bc.ca/gov/content/education-training/ k-12/support/student-learning-survey\)](https://www2.gov.bc.ca/gov/content/education-training/k-12/support/student-learning-survey) in summer 2024.

Please contact the web survey provider (AWIS) if you have technical difficulties; call toll free: 1-866-558- 5339 or email support@awinfosys.com.

We greatly appreciate your input and thank-you in advance for your participation. Sincerely,

A handwritten signature in black ink that reads "Emilie Sia".

Emilie Sia

Senior Economist, Research and Analytics Engagement (RAE) Governance and Analytics Division, Ministry of Education and Child Care Emilie.Sia@gov.bc.ca