friday, march 8, 2024

THIS WEEK'S REFLECTIONS

Hello Colquitz Families,

Here we are. Going into the last week before Spring Break. It's been a wonderful and wild ride so far this year!

It was International Women's Day today. I hope you all get a chance to celebrate and pay tribute to the important women in your life!

This week we saw Grade 9 Course Selection with our grade 8s (please return forms if you haven't already!), and our amazing Spring Concert. Students in Strings, Band, and Choir performed beautifully for their peers in the afternoon on Wednesday, and that night for their families. I am always so impressed by how professional our students sound! This takes a lot of dedication and hard work on behalf of students, and their teachers Ms. Montgomery, Ms. Mackenzie, and Mr. De Vries as well! The night culminated with a 180 person choir including some Grade 4/5 Choir students from Tillicum Elementary. It was moving and inspiring!

I'm off to read a sign a few hundred Learning Updates now! Looking forward to it!

Have a wonderful weekend with your family. - Carrie Schlappner—Principal

next week at a glance

Monday, March 11	
Tuesday, March 12 Wednesday, March 13	Tacky Tourist Day
Thursday, March 14	
Friday, March 15	LAST DAY BEFORE SPRING BREAK; Learning Updates home digitally

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VEARBOOKS

TON SANE

upcoming important dates—mark your calendars!

Saturday, March 10	Ramadan Begins; Daylight Savings Time			
	Notification of all Transfer Requests			
WEDNESDAY, April 3	First Day Back after Spring Break. Note the later start!			
NO PIZZA DAY THE FIRST THURSDAY!				
FRIDAY, April 5	Indigenous Student Lunch			
Monday, April 8	Ramadan ends			
Tuesday, April 9	Band Tour Meeting—7pm			

Yearbooks are on sale now!

Yearbooks cost \$23.

To order your child a yearbook, please go to **ybpay.ca** and use the order **ID 13717624**. *THESE CANNOT BE ORDERED THROUGH THE SCHOOL*.

Yearbooks include:

- 60+ colour pages of individual photos and fun memories from throughout the year.
- Sturdy soft cover
- Zoom insert that features current events and world news from the past year.



Please email

SPORTS @ COLQUITZ— Volleyball This Week:

Link to schedule: Volleyball practice and game schedule

March 11-15th

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school	-% recTB girls (B) 7-8:00	-% comp girls	-7 tb comp girls 7:30-8:30		-⅓ comp girls -6 triple ball 7-8:00am
Lunch	girls 6 triple ball	Boys 6/7	Boys 6/7		
After school		*Boys ½ comp when there are no games 3-5	Boys 7 / 8 Comp 3 - 5 (depends on play offs)	Boys 7 / 8 Comp 3 - 5	% girls comp 5-7
Game days	Boys % Comp Playoffs	Girls 6/7 TB comp Playoffs		scope	

colquitz@sd61.bc. ca AND your child's teacher if your child will be late or absent, or call the Attendance Line

at 250-479-4313.

This is the best way to ensure we get the message and a call-out does not go out to you in error.

Thank you

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FINE ARTS UPDATES

Congratulations to all of the students who performed on Wednesday! It was a wonderful demonstration of your hard work!



MUSICAL REHEARSAL SCHEDULE



Spotlight on Learning

Many thanks to Kristi Bridgeman, who is grandmother to one of our students, who shared her Métis artistic knowledge and skills with Ms Elford's Community Action classes. She taught students how to make these gorgeous "moccasin socks" using rocks and paint.



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Lost & Found

Stop by to check out the clothing rack in the main foyer. <u>Unclaimed</u> <u>items will be do-</u> <u>nated after March</u> <u>14th</u>



MIDDLE School Trades Exploration Summer Programs

Open to all students from our partnership school districts born between 2010–2012.

Expressions of Interest: March 4 to April 5

- JULY 2-5 PROGRAMS • Pipe Trades • Build Green Together
- Culinary

CAMOSUN

SAANICH

JULY 8-12 PROGRAMS • Future Women in Trades Sampler • Sheet Metal

Generously sponsored by Camosun and Industry \$50 / student Onske at Camosun College Interation, 16 seats pe



VICTORIA

For more Information please scan the QR code or visit: camosun.ca/dual-credit

SOCKE 62



COWICHAN VALLEY

GANG EDUCATION SEMINAR



This free seminar aims to empower parents and guardians, teachers, youth workers and administrators with knowledge and awareness on the current gang situation in our community to reduce risk and harm to our youth.

Hosted by West Shore Parks & Recreation in partnership with West Shore RCMP and CFSEU-BC's End Gang Life initiative.

E MONDAY MARCH 11, 2024 ∯ 6:15 - 8:15PM | FREE

JDF 55+ Activity Centre Auditorium | 1767 Island Hwy. (Registration is required: wspr.ca > course code 13956)

- TOPICS INCLUDE:
- Understand current and local gang related activity
 Gang recruitment tactics
- Gang recruitment tactics
 How to identify early risk factors in youth
- Awareness and education on social media/substance use trends
- Importance of accessing community based supports

www.wspr.ca | 250-478-8384





Community Action is collecting clean, gently used clothing to donate to the Burnside Gorge Community Association. All sizes, baby – adult, are accepted. Please drop off donations by March 14th to the box in front of the office. Thank you for your support!

next week at colquitz friday, march 8, 2024



JOIN THE GREATER VICTORIA GREEN TEAM AND UVIC TO HAVE FUN & REMOVE INVASIVE PLANTS!

DATE:	Saturday March 17th
TIME:	9:45am - 1:00pm
LOCATION:	Sedgewick Building, UVic
	(near parking lot 4)
SIGN-UP:	On Meetup: <u>bit.ly/GVGT-Mar17</u>

NO EXPERIENCE NECESSARY! All ages, abilities & experience levels welcome. Instruction, tools, gloves & snacks provided.



Questions & Sign Up: Email: Severine@GreenTeamsCanada.ca



Activity made possible through partnership between UVic Planning & Sustainability and the Greater Victoria Green Team



\$85.00

No Tax

GREEN TEAM

'intheknow' Connect and Learn

For families and caring adults who are parenting a child or youth with mental health and/or substance use challenges.

EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'. WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR UNDERSTANDING AND CONNECTION WITH OUR KIDS.

Beyond Behaviours: When Is It More? What it Looks Like in Ages 13-18

It can be tricky to tell if our tids' development is on track, if they are going through a phase, or strugging with something more? You are not alone. Come toggether with other families to watch this 25 minute video presentation featuring speaker Victoria Kodds, a parent with lived experience and Karen Poters, a mental health therapist who supports children, teens and families, for a discussion about understanding challenging behaviours in the younger years.

Come together with other families to watch this video presentation followed by a facilitated discussion by a FamilySmart Parent Peer Support Worker

(*) FamilySmart



Date(s):



Tuesday, March 5, 2024, 6:00pm (F Thursday, March 7, 2024, 6:30pm (PST) Wednesday, March 13, 2024, 12:00pm (PDT) Thursday, March 14, 2024, 6:30pm (PDT) Tuesday, March 19, 2024, 6:00pm (PDT)

Registration required: www.familysmart.ca/events

CakBay Recreation Oak Bay (250) 595-7946

Fees

General

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INTRODUCTION TO TABLE TENNIS

🗰 25-Mar-2024 - 28-Mar-2024 🕑 1:00 pm - 2:30 pm

About this Course

A fun and educational way to learn basic table tennis techniques! Campers learn about equipment, serve rules and match rules. Using practical exercises, activities, and drills, campers are introduced to basic strokes such as: Forehand/Backhand Drive, Forehand/Backhand Push, and Forehand/Backhand serves. The focus is on fun to cultivate a lifelong enjoyment of the game.

Henderson Recreation Centre	Show Map
Course ID	00177613
Instructor	
South Island Table Tennis Club	
Restrictions	

Course Dates 4 sessions Every Mon, Tue, Wed, Thu 25-Mar-2024 1:00 PM - 2:30 PM Gymnasium 26-Mar-2024 1:00 PM - 2:30 PM Gymnasium 27-Mar-2024 1:00 PM - 2:30 PM Gymnasium 28-Mar-2024 1:00 PM - 2:30 PM Gymnasium

Age Restriction

8 to 14 y 11 mos

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FREE

