

# next week at colquitz

friday, february 23, 2024

## THIS WEEK'S REFLECTIONS

Hello Colquitz Families,

I cannot believe that I have now been away for almost three weeks! My recovery seems to be going well and I will be back at school on Monday. I am so looking forward to seeing everyone again! It's my birthday on Monday, so that will be my gift to myself! ;)

Today was **CC Day** (Curriculum Completion Day), and many students took the opportunity to catch up on missing assignments (OK, they were "voluntold" - but still...). We also appreciate your support at home with helping to keep students on track. Term 2 is a short one, and Learning Updates will be here before we know it. We always try to do whatever we can to support students being able to demonstrate their learning to the best of their abilities, and working as a team with home and school increases the chances of success.

On Wednesday, we held a **Black History Month Assembly**. Many thanks to the students and staff who helped organize it, including student MCs Landon Chalupnik and Easton Fairall (see photo). We believe that we show what we value when we come together as a whole school community. By taking time to stop, reflect, and consider how to act on our learning, we hope to make our school and community more anti-racist and inclusive.



Along these lines, we would also like to make sure everyone knows that they are invited to take part in **Indigenous Drumming every Thursday Morning—ALL FAMILY MEMBERS ARE WELCOME!!!** Every Thursday morning **starting at 8:20am**, we engage in Indigenous Drumming in our foyer until school starts at 8:40am. Led by Ms. James and Ms. Spies, our drum stewards, and often joined by members of our Reconciliation Committee as well as our district's Indigenous Ed department, Kolette Cristante and Elena Luna, we learn and play songs that have been gifted to us to sing. We hope to see you there next Thursday!



Have a wonderful weekend with your family. - *Carrie Schlappner*—Principal

## next week at a glance

Monday, Feb 26

Tuesday, Feb 27

Wednesday, Feb 28

**Pink Shirt Day**

Cycle 2 Enrichment Ends

Thursday, Feb 29

Indigenous Drumming in Foyer at 8:20am

Pizza Day

*Leap Year!*

Friday, March 1

**Class, Team and Club Photo Day**

Indigenous Student Lunch

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## upcoming important dates—*mark your calendars!*

|                    |  |
|--------------------|--|
| Monday, March 4    | Grade 9 Course Selection for Grade 8s                                |
| Wednesday, March 6 | Spring Concert at 7pm  |
| Thursday, March 7  | Battle of the Books (select students)                                |
| Friday, March 8    | International Women's Day  |
| Saturday, March 10 | Ramadan Begins; Daylight Savings Time                                |
| Tuesday, March 12  | Tacky Tourist Day  |
| Friday, March 15   | <b>LAST DAY BEFORE SPRING BREAK; Learning Updates home digitally</b> |
|                    | Notification of all Transfer Requests                                |
| WEDNESDAY, April 3 | <b>First Day Back after Spring Break. Note the later start!</b>      |

## Yearbooks are on sale now!

Yearbooks cost \$23.

To order your child a yearbook, please go to [ybpay.ca](http://ybpay.ca) and use the order ID **13717624**. **THESE CANNOT BE ORDERED THROUGH THE SCHOOL.**



### Yearbooks include:

- 60+ colour pages of individual photos and fun memories from throughout the year.
- Sturdy soft cover
- Zoom insert that features current events and world news from the past year.

### Reporting

Absences



Please email [colquitz@sd61.bc.ca](mailto:colquitz@sd61.bc.ca)

**AND your child's teacher if your child will be late or absent, or call the Attendance Line at 250-479-4313.**

This is the best way to ensure we get the message and a call-out does not go out to you in error.

**Thank you**

## SPORTS @ COLQUITZ— Volleyball This Week:

Link to schedule: [Volleyball practice and game schedule](#)

Feb 26-March 1

|               | Monday                       | Tuesday  | Wednesday  | Thursday                | Friday                                  |
|---------------|------------------------------|--|--|-------------------------|---|
| Before school | -7/8 rec TB girls (B) 7-8:00 | -7/8 comp girls -Gr 7/8 TB rec (A)(Irving + Olive) 7-8:00 am | -7 tb comp girls 7:30-8:30   |                         | -7/8 comp girls -6 triple ball 7-8:00am |
| Lunch         | girls 6 triple ball          | Boys 6/7   | Boys 6/7   |                         |   |
| After school  |                              | Boys 7/8 comp 3-5  |  | Boys 7 / 8 Comp 3 - 5   |   |
| Game days     | Boys 7/8 Comp @Colquitz      | Girls 6/7 TB Comp @ PCS 2,<br>Girls 6/7 Rec @ Journey        | Girls 7/8 Rec A @ Colquitz<br>Girls 7/8 Comp Play-offs<br>Girls 7/8 Rec B @ Dunsmuir | Boys 6/7 @ St. Joseph's |   |

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## FINE ARTS UPDATES

### BAND

Band 8 had a wonderful time hanging out with the Spectrum Junior Band on Thursday. A large band of 80 played our pieces and their pieces together.

### TOUR UPDATE

Tour payments should all be completed by now. Please check your records to make sure you have paid a total of \$465 with the fundraising amounts subtracted.

### MUSICAL REHEARSAL SCHEDULE

| FEBRUARY  |  |   |   |   |                             |          |
|---|--|---|---|---|-----------------------------|----------|
| sunday  | monday   | tuesday   | wednesday   | thursday  | friday                      | saturday |
|   |  |   |   | 1<br>Lunch: Crew<br>After school: Belle and Beast             | 2                           |          |
| 4<br>Sunday rehearsal<br>1-4<br><b>VILLAGE ONLY</b><br>"GASTON"                 | 5<br>Lunch: Narrators<br>"Prologue"<br>After school: Man Castle                      | 6<br>Lunch: Dance<br>"Prologue"<br>After school: Belle, Gaston & LeFou, Pika on View  | 7<br>Enrichment 1<br>"Castle"<br>characters<br>"SOMETHING THERE"            | 8<br>Lunch: Crew<br>After school: Gaston & LeFou, M. D'Arque  | 9                           | 10       |
| 11<br>Sunday afternoon rehearsal<br>1-4<br><b>CASTLE ONLY</b><br>"BE OUR GUEST" | 12<br>Lunch: Narrators<br>"Wolf Attacks"<br>After school: Man Castle and Maurice     | 13<br>Lunch: Dance<br>"Prologue"<br>After school: Belle and Man Castle (no Beast)     | 14<br>Enrichment 2<br>(until 4pm)<br>Full cast<br>"GASTON"<br>"HUMAN AGAIN" | 15<br>Lunch: Crew<br>After school: Belle and Beast            |                             | 17       |
| 18  | 19<br><b>BIG FANTASIES</b>   | 20<br>Lunch: Dance<br>"Prologue"<br>After school: Belle, Gaston & LeFou               | 21<br>Enrichment 3<br>(until 4pm)<br>Full cast<br>"BELLE"<br>"HUMAN AGAIN"  | 22<br>Lunch: Crew<br>After school: Gaston & LeFou, M. D'Arque | 23<br>CCD - early dismissal |          |
| 25<br>Sunday afternoon rehearsal<br>1-4<br><b>VILLAGE ONLY</b><br>"BELLE"       | 26<br>Lunch: Narrators that attack<br>After school: Man Castle and Belle and Maurice | 27<br>Lunch: Dance<br>"Prologue"<br>After school: Belle, Gaston & LeFou, Pika on View | 28<br>Enrichment 4<br>(until 4pm)<br>Full cast<br>"BELLE"<br>"HUMAN AGAIN"  | 29<br>Lunch: Crew<br>After school: Belle and Beast            |                             |          |

## Spotlight on Learning

Our Band 8 students enjoyed some real-world learning on Thursday with Spectrum Jr. Concert Band students. These transition activities provide opportunities for collaborative learning as well as positive connections for students so that they can look forward to their journey to high school next year.



## Hockey Night was a Hit!!!

200 Colquitz kids, staff, and their families came to the Cougars Hockey Night last week! Ms Goldman received many compliments on how polite our students were and how much fun they had. The band was amazing!!!! We are truly impressed and will be doing this next year! Ms Montgomery won a Cougars jersey and we had the players sign it. You can see it in the band room.

The Victoria Cougars operating manager sent Ms Goldman this and we wanted to share it with you wonderful parents and guardians. The photo is of Elliott in Div 3 after he won a Cougars jersey. He also got hit with a puck in the leg (ouch!) so he came home with a game puck and jersey. ;)

*The Victoria Cougars would like to thank all the students, parents, and faculty members who attended our game on February 15th. Your enthusiasm and cheering were much appreciated by our players and helped us win a very important game. A special shout out to the band who were amazing in their performance of Oh Canada...you are welcome to play at our games anytime!*



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## SUBSTANCE USE PREVENTION

An Online Presentation for Parents

### KEY TAKEAWAYS

- Learn why children/teenagers are drawn to substances
- Understand what causes and maintains substance use disorder and needs
- Increase your child's ability to make positive choices about substances
- Acquire practical conversation tools for discussing substances in the home

### Presentation Overview:

This presentation will focus on **tools and strategies** that you can use to speak to your children about substances in a way that encourages **positive decision-making** through a psychological lens. You will learn the causes of youth substance use and be introduced to a framework for **creating open communication** on this topic in your home.

There will be a focus on prevention and harm/risk mitigation in order to **empower** you to help your children think critically about their own behaviours, motivations, and choices.

In this session, you will be provided with the **specific language to use** when conversations arise about substances. There will also be opportunities to ask questions about the specific challenges you are facing with your children.

### Online Session Information:

February 20<sup>th</sup>, 22<sup>nd</sup> or 28<sup>th</sup>

6pm-7:30 pm PST

Note: The same presentation will be delivered on each date

REGISTER



openp.co/Feb20

### Presenter:

#### Dr Hayley Watson

Clinical Psychologist & Founder of Open Parachute

(PhD Clin Psych, MA Clin Psych, MA Transpersonal Psych, PG Dip Psych, BA Criminology)



Dr Hayley Watson is a Clinical Psychologist from BC, specializing in children and adolescents with a PhD in school bullying interventions, along with four further academic degrees in the field of mental health.

She has been working with young people and their families globally for the past 20 years.

We acknowledge the financial support of the Province of British Columbia through the Ministry of Education and Child Care.



## Pizza Hot Lunch Thursdays – Order yours now!



This is a reminder that in the last week of each month, families can order pizza for the next month.

**February sales are open. March sales will open next week.**

Please note that you **need to order WEEK TO WEEK**, thus giving you the option to skip weeks if you so choose. **You must get your orders in each week BY MONDAY AT NOON.** There can be no exceptions.

Please note that there are **no refunds for unclaimed pizza**. Parents – you can arrange to pick up your order the same day or transfer it to another student **if you inform us by 11am Thursdays at [colquitz@sd61.bc.ca](mailto:colquitz@sd61.bc.ca) or call 250-479-1678.**

**Here is the link to School Cash Online to make your order:** <https://sd61.schoolcashionline.com/>

## Youth

Click any 6 digit code to register | GENERAL REGISTRATION

6



SAANICH POLICE DEPARTMENT

Please join us for the following seminar series presented by the Saanich Police Community Engagement Division.

FREE

### GANG EDUCATION & TRENDS

Join us for a FREE Gang Education & Trends Seminar. This is an opportunity for adults and youth to better understand the trends police are seeing in our community. Are you stuck for answers when your teen asks you the hard questions about their peer group? Are you looking for some insight about what's going on in the world of youth? Are you seeking resources and information for how to talk to your teen about gang awareness?

Saanich Youth Services in partnership with the Saanich Police Department is hosting a learning opportunity for parents, caregivers, and youth workers.

In this workshop, participants will have the chance to ask questions and gather all of the up-to-date information from police officers and youth workers in our community.

SAANICH COMMONWEALTH PLACE

110448 Tu Feb 6 6:30-8pm FREE

G. R. PEARKES RECREATION CENTRE

110449 Tu Apr 9 6:30-8pm FREE

### GRADE 12 GRADUATION SAFETY

In partnership with Saanich Police, learn about how to ensure you stay safe during graduation celebrations. This seminar will give grade 12 students the tools to make informed smart choices while celebrating their graduation. Parents and caregivers are welcome to attend with their youth.

G. R. PEARKES RECREATION CENTRE

110432 Tu May 14 6:30-8pm FREE

SAANICH COMMONWEALTH PLACE

110447 Tu May 21 6:30-8pm FREE

### TEEN NEW DRIVER EDUCATION

In partnership with Saanich Police, calling all grade 10-12 new drivers. Focus on the graduate program, and best and safest practices around driving. Learn about the effects of drugs, alcohol, and distracted driving as well as how to remain safe while out with friends.

GORDON HEAD RECREATION CENTRE

110432 Tu Jan 23 6:30-8pm FREE

G. R. PEARKES RECREATION CENTRE

110433 Tu Feb 20 6:30-8pm FREE

### YOUTH & YOUNG ADULT ONLINE DATING SAFETY

In partnership with Saanich Police, learn about how to safely engage in online dating. What is a fake account? What information to give out, what to keep to yourself? What is consent? This seminar will give youth the tools to make informed smart choices while engaging online with their peers. Parents and caregivers are welcome to attend with their youth.

GORDON HEAD RECREATION CENTRE

110444 Tu Feb 13 6:30-8pm FREE

110445 Tu May 7 6:30-8pm FREE

### YOUTH PARTY SAFE

In partnership with Saanich Police, learn about the effects of drugs, alcohol, consent and how safe while out with friends. This seminar will give youth the tools to make informed smart choices while hanging out with their peers. Parents and caregivers are welcome to attend with their youth.

SAANICH COMMONWEALTH PLACE

110434 Tu Jan 16 6:30-8pm FREE

110435 Tu Apr 16 6:30-8pm FREE

### YOUTH RELATIONSHIP SAFETY

In partnership with Saanich Police, this program focuses on safe dating, cyber security, and healthy relationships for youth. Parents and caregivers are welcome to attend this event with their youth.

G. R. PEARKES RECREATION CENTRE

110450 Tu Jan 30 6:30-8pm FREE

GORDON HEAD RECREATION CENTRE

110451 Tu Apr 23 6:30-8pm FREE

**erase** EXPECT RESPECT & A SAFE EDUCATION

## Establishing Safe, Caring, & Respectful Digital Communities

### Social Media Awareness Family Sessions:

Saferschoolstogether in partnership with the Ministry of Education and Childcare, have opened up four dates for "Social Media Awareness" Family Sessions. These sessions were designed to support families and caregivers in navigating the digital world.

Sessions are on February 7 and 28

Dates, times and information to register can be found in this link: [erase Family Sessions \(saferschoolstogether.com\)](https://saferschoolstogether.com)



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## Dig Deep



## Volleyball Development Camp



Hosted by our high performance U17 Girls Team, this 2-hour camp will introduce you to the fundamentals of volleyball. Come out and learn new skills while having as much fun as possible. This **co-ed** camp is open to youth **aged 11-13**. No prior volleyball experience is necessary.

**Saturday March 2, 2024**

**1:00pm-3:00pm or 3:00pm-5:00pm**

@ Pacific Christian School (Middle School gym)

654 Agnes Street, Victoria BC

### Fees:

\$35/ person

\* Payable by e-transfer, cash, or cheque on the day of camp

There will be raffle prizes for everyone that registers!!

If any questions email:

[volleyzaria@gmail.com](mailto:volleyzaria@gmail.com)



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Tuesdays  
Jan 16 –  
Feb 27

Burnside Gorge

## Board Game Drop-in

Free  
Entry

Ages 12–17

Join us at the BGCA Youth Centre for an evening of board game fun. We have a great collection of games that range from old classics to games you've never heard off

Contact Ryder at [ryder@burnsidegorge.ca](mailto:ryder@burnsidegorge.ca) for more details

Burnside Gorge Community Centre  
471 Cecelia Rd.5



Saanich

PARKS, RECREATION  
& COMMUNITY SERVICES



## PEARKES AFTER SCHOOL DROP IN FREE!

January - June  
Monday to Friday - 3:15- 5:15pm

@ The Flipside Youth Centre  
Pearkes Recreation Centre

A FREE supervised social for youth with snacks, pool, foosball, board and video games and more!

[Tyler.smith2@saanich.ca](mailto:Tyler.smith2@saanich.ca)

[saanich.ca/youth](http://saanich.ca/youth)

250 475 5462

Saanich

PARKS, RECREATION  
& COMMUNITY SERVICES



## FRIDAY NIGHTS PIZZA SKATING & MOVIE

AGES 11 - 16  
\$7.50

January 19th - April 19th  
Fridays - 5:45 - 8:15pm

@ The Flipside Youth Centre  
G.R. Pearkes Recreation Centre

Come hang out with your friends on a Friday night. Enjoy pizza, skating & a movie in our awesome youth centre.

**REGISTER HERE**



[Tyler.smith2@saanich.ca](mailto:Tyler.smith2@saanich.ca)

[saanich.ca/youth](http://saanich.ca/youth)

250 475 5462



Tuesday February 29<sup>th</sup> is the last  
popcorn sale until after spring break

\$3/bag

Flavours: Buttersalt, Dill, Cheese, and Salt & Vinegar