

next week at colquitz

friday, february 16, 2024

THIS WEEK'S REFLECTIONS

Hello Colquitz Families,

I am now in my second week of recovering from my detached retina. It is hard to be away—I miss the students and staff, and all of the wonderful energy of being in our school; and I am trying to be good and do everything the doctors say so I can be back as soon as possible. I am due to return on the 23rd if all goes well.

I would like to say a **big thank you** to our Vice-Principal, Sarah Elford, for taking on so much in my absence. She has done an amazing job juggling many challenges this week, including having no office staff on Monday or Tuesday. She is doing everything she can to ensure things run smoothly and everyone is supported. If you see her, please take a moment to thank her as well!

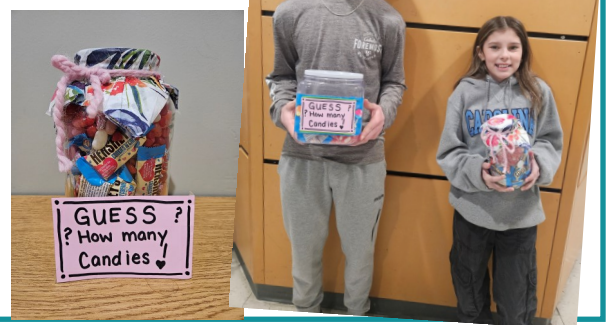
This week was “**Palentine’s Day**” on Wednesday—a fun way to take the emphasis off the idea of romantic relationships at Middle School and place it more on the appreciation of friendships instead. People were encouraged to wear reds, pinks, and purples to celebrate the day. We also had a “**Candy Jar Guesses**” fundraiser contest. The winners were Regan from div 15 and Maliya from div 5.

Just a reminder that today is the last day to get your **transfer requests in**—please see page 6 of this newsletter for details. This most commonly applies to grade 8 parents who may want their child to attend a high school that is different than their catchment school (for most, that would be Spectrum). Also remember it is **CC Day next Friday** and most students will be dismissed at 11:45am. Please look for a letter or email from your child’s teacher with more details.

I hope many of you have fun activities planned to enjoy the beautiful lands we live on this coming long weekend, especially with Family Day in mind. We are so fortunate to live, learn and work on the lands of the Songhees and Esquimalt Nations, and I for one try to take a moment every day to actively acknowledge this and thank them for being stewards of these territories since time immemorial.

Have a wonderful looong weekend with your family.

- Carrie Schlappner—Principal



next week at a glance

Monday, Feb 19	Family Day—No School—Enjoy!
Tuesday, Feb 20	PAC Meeting at 6:30pm in Library
Wednesday, Feb 21	Black History Month Assembly at 12:45pm
Thursday, Feb 22	Indigenous Drumming in Foyer at 8:20am Pizza Day
Friday, Feb 23	CC Day #2—Early Dismissal at 11:45am for students who do not need to stay. See info from your child's teacher

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upcoming important dates—*mark your calendars!*

Friday, Feb 23	CC Day #2—Early Dismissal at 11:45am
Wednesday, Feb 28	Pink Shirt Day
Thursday, Feb 29	Leap Year!
Friday, March 1	Indigenous Student Lunch
Wednesday, March 6	Spring Concert at 7pm
Thursday, March 7	Battle of the Books (select students)
Friday, March 8	International Women's Day
Tuesday, March 12	Tacky Tourist Day
Friday, March 15	LAST DAY BEFORE SPRING BREAK; Learning Updates home digitally

Indoor Gym Shoes, Please!

These days, we are a lot less strict about gym strip in Phys Ed class. However, we would very much appreciate if all students could **keep a pair of running/gym shoes in their locker to wear for indoor PE**. Having appropriate shoes for PE is important for two main reasons:

Safety – When students are not in runners, they can more easily twist ankles or knees, especially when doing activities that require speed and agility.

Damage to Gym floor – Students' shoes get rocks in them that scratch the gym floor, mud causes floors to be slippery and can lead to falls, and some boots can leave black marks

as well. This increases the frequency with which we need to repair the floor, which costs money. We would much rather have funds go to things that more directly benefit students!

If your family needs assistance with purchasing gym shoes, please let us know, and we will see what we can do to help.



Thanks in advance for your help with this.

Reporting

Absences



Please email colquitz@sd61.bc.ca

AND your child's teacher if your child will be late or absent, or call the Attendance Line at 250-479-4313.

This is the best way to ensure we get the message and a call-out does not go out to you in error.

Thank you

SPORTS @ COLQUITZ— Volleyball This Week:

Link to schedule: [Volleyball practice and game schedule](#)

February 20- 23th

	Monday Family Day	Tuesday	Wednesday	Thursday	Friday
Before school		-7 th comp girls -Gr 7/8 TB rec (A)(Irving + Olive) 7-8:00 am	-7 th tb comp girls 7:30-8:30	Grade 7 th Rec B	-7 th comp girls -6 triple ball 7-8:00am
Lunch		Boys 6/7	Boys 6/7	Gr 7 th Rec A (Irving)	
After school			Boys 7 / 8 Comp 3 - 5	Boys 7 / 8 Comp 3 - 5	
Game days	Family Day No Games	Girls 6/7 TB Comp @ Colquitz	Girls 7 th Comp @Gordon Head		

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FINE ARTS UPDATES

Band

Band Playing tests for all band students are due Monday at midnight.

See your child's google classroom for details.

Band 8 students heading to Spectrum Thursday, February 22nd:

We'll be leaving the school by 9:30 and returning shortly after noon. The 7:40 a.m. grade 6 band clarinet class will still happen, however the **Band 7 and Band 6 Divs 1-4 will be canceled for that day.**

TOUR UPDATE

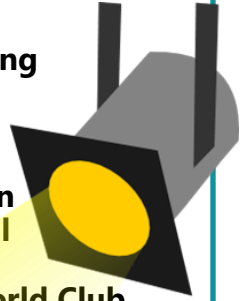
Make sure your final tour payment is handed in. Students need to choose their dinner choices outside the music room. Details are really coming together. We have our 2 elementary schools to play at.

MUSICAL REHEARSAL SCHEDULE

FEBRUARY						
sunday	monday	tuesday	wednesday	thursday	friday	saturday
				1 Lunch: Crew After school: Belle and Beast	2	
4 Sunday rehearsal 1-4 VILLAGE ONLY "GASTON"	5 Lunch: Narrators "prologue" After school: Main Castle	6 Lunch: Dance "prologue" After school: Belle, Gaston & LeFou, File de Ville	7 Enrichment 1 "Castle" "prologue" After school: Belle, Gaston & LeFou, File de Ville Full cast: "SOMETHING THERE"	8 Lunch: Crew After school: Gaston & LeFou, M. D'Arque	9	10
11 Sunday afternoon rehearsal 1-4 CASTLE ONLY "BE OUR GUEST"	12 Lunch: Narrators "Wolf Attacks" After school: Main Castle add Maurice	13 Lunch: Dance "prologue" After school: Belle and Main Castle (no Beast)	14 Enrichment 2 (until 4pm) Full cast: "GASTON" & "HUMAN AGAIN"	15 Lunch: Crew After school: Belle and Beast	16 SCHOOL CLOSED	17
18	19 BC FAMILY ONLY	20 Lunch: Dance "prologue" After school: Belle, Gaston & LeFou	21 Enrichment 3 (until 4pm) Full cast: "BELLE" & "HUMAN AGAIN"	22 Lunch: Crew After school: Gaston & LeFou, M. D'Arque	23 CCD - early dismissal	
25 Sunday afternoon rehearsal 1-4 VILLAGE ONLY "BELLE"	26 Lunch: Narrators Wolf attacks Add actors After school: Main Castle add Belle and Maurice	27 Lunch: Dance "prologue" After school: Belle, Gaston & LeFou, File de Ville	28 Enrichment 4 (until 4pm) Full cast: "BELLE" & "HUMAN AGAIN"	29 Lunch: Crew After school: Belle and Beast		

Spotlight on Learning

Learning doesn't just happen in our classrooms. Ms Schuring and Ms Irving organize the Change the World Club, which meets every Tuesday, and organizes most of the fun activities at our school as well as our fundraisers. Here is a photo of the Change The World Club donating \$700 to the Children's Foundation with funds raised from Candy Grams.



Pizza Hot Lunch Thursdays – Order yours now!



This is a reminder that in the last week of each month, families can order pizza for the next month.

February sales are open.

Please note that you **need to order WEEK TO WEEK**, thus giving you the option to skip weeks if you so choose. **You must get your orders in each week BY MONDAY AT NOON. There can be no exceptions.**

Please note that there are **no refunds for unclaimed pizza**. Parents – you can arrange to pick up your order the same day or transfer it to another student **if you inform us by 11am Thursdays at colquitz@sd61.bc.ca or call 250-479-1678.**

Here is the link to School Cash Online to make your order: <https://sd61.schoolcashionline.com/>

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SUBSTANCE USE PREVENTION

An Online Presentation for Parents

KEY TAKEAWAYS

- Learn why children/teenagers are drawn to substances
- Understand what causes and maintains substance use disorder and needs
- Increase your child's ability to make positive choices about substances
- Acquire practical conversation tools for discussing substances in the home

Presentation Overview:

This presentation will focus on **tools and strategies** that you can use to speak to your children about substances in a way that encourages **positive decision-making** through a psychological lens. You will learn the causes of youth substance use and be introduced to a framework for **creating open communication** on this topic in your home.

There will be a focus on prevention and harm/risk mitigation in order to **empower** you to help your children think critically about their own behaviours, motivations, and choices.

In this session, you will be provided with the **specific language to use** when conversations arise about substances. There will also be opportunities to ask questions about the specific challenges you are facing with your children.

Online Session Information:

February 20th, 22nd or 28th

6pm-7:30 pm PST

Note: The same presentation will be delivered on each date

REGISTER



openp.co/feb20

Presenter:

Dr Hayley Watson

Clinical Psychologist & Founder of Open Parachute

(PhD Clin Psych, MA Clin Psych, MA Transpersonal Psych, PG Dip Psych, BA Criminology)



Dr Hayley Watson is a Clinical Psychologist from BC, specializing in children and adolescents with a PhD in school bullying interventions, along with four further academic degrees in the field of mental health.

She has been working with young people and their families globally for the past 20 years.

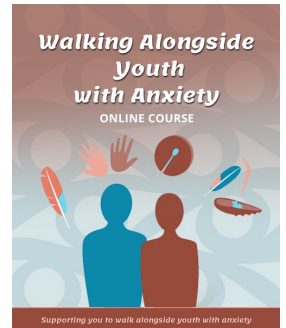
We acknowledge the financial support of the Province of British Columbia through the Ministry of Education and Child Care.



HealthyMindsBC

Evidence-Informed Mental Health Resources

[HealthyMindsBC](#) provides evidence-informed prevention and early intervention tools and resources, including online learning opportunities. This site is for parents, caregivers, families, educators, and other professionals to help them support the everyday mental health of children and youth. A series of courses that focus on [Everyday Anxiety Strategies for Educators](#) (EASE K-7 and 8-12) and [Early Years](#) are available. The newest course, [Walking Alongside Youth with Anxiety](#) (WAY), is designed to build capacity and support the foster care providers and out-of-care/kinship care providers who are caring for Indigenous and non-Indigenous youth with mild to moderate anxiety.



Youth

Click any 6 digit code to register | GENERAL REGISTRATION

DEC 6

erase EXPECT RESPECT & A SAFE EDUCATION

Establishing Safe, Caring, & Respectful Digital Communities

Social Media Awareness Family Sessions: Saferschoolstogether in partnership with the Ministry of Education and Childcare, have opened up four dates for "Social Media Awareness" Family Sessions. These sessions were designed to support families and caregivers in navigating the digital world.

Sessions are on February 7 and 28

Dates, times and information to register can be found in this link: [erase Family Sessions \(saferschoolstogether.com\)](https://saferschoolstogether.com)



SAANICH POLICE DEPARTMENT

Please join us for the following seminar series presented by the Saanich Police Community Engagement Division.

FREE

GANG EDUCATION & TRENDS

Join us for a FREE Gang Education & Trends Seminar. This is an opportunity for adults and youth to better understand the trends police are seeing in our community. Are you stuck for answers when your teen asks you the hard questions about their peer group? Are you looking for some insight about what's going on in the world of youth? Are you seeking resources and information for how to talk to your teen about gang awareness?

Saanich Youth Services in partnership with the Saanich Police Department is hosting a learning opportunity for parents, caregivers, and youth workers.

In this workshop, participants will have the chance to ask questions and gather all of the up-to-date information from police officers and youth workers in our community.

SAANICH COMMONWEALTH PLACE	110448	Tu	Feb 6	6:30-8pm	FREE
G. R. PEARKES RECREATION CENTRE	110449	Tu	Apr 9	6:30-8pm	FREE

GRADE 12 GRADUATION SAFETY

In partnership with Saanich Police, learn about how to ensure you stay safe during graduation celebrations. This seminar will give grade 12 students the tools to make informed smart choices while celebrating their graduation. Parents and caregivers are welcome to attend with their youth.

G. R. PEARKES RECREATION CENTRE	110432	Tu	May 14	6:30-8pm	FREE
SAANICH COMMONWEALTH PLACE	110437	Tu	May 21	6:30-8pm	FREE

TEEN NEW DRIVER EDUCATION

In partnership with Saanich Police, calling all grade 10-12 new drivers. Focus on the graduate program, and best and safest practices around driving. Learn about the effects of drugs, alcohol, and distracted driving as well as how to remain safe while out with friends.

GORDON HEAD RECREATION CENTRE	110432	Tu	Jan 23	6:30-8pm	FREE
G. R. PEARKES RECREATION CENTRE	110433	Tu	Feb 20	6:30-8pm	FREE

YOUTH & YOUNG ADULT ONLINE DATING SAFETY

In partnership with Saanich Police, learn about how to safely engage in online dating. What is a fake account? What information to give out, what to keep to yourself? What is consent? This seminar will give youth the tools to make informed smart choices while engaging online with peers. Parents and caregivers are welcome to attend with their youth.

GORDON HEAD RECREATION CENTRE	110444	Tu	Feb 13	6:30-8pm	FREE
110445	Tu	May 7	6:30-8pm	FREE	

YOUTH PARTY SAFE

In partnership with Saanich Police, learn about the effects of drugs, alcohol, consent and how safe while out with friends. This seminar will give youth the tools to make informed smart choices while hanging out with their peers. Parents and caregivers are welcome to attend with their youth.

SAANICH COMMONWEALTH PLACE	110434	Tu	Jan 16	6:30-8pm	FREE
110435	Tu	Apr 16	6:30-8pm	FREE	

YOUTH RELATIONSHIP SAFETY

In partnership with Saanich Police, this program focuses on safe dating, cyber security, and healthy relationships for youth. Parents and caregivers are welcome to attend this event with their youth.

G. R. PEARKES RECREATION CENTRE	110450	Tu	Jan 30	6:30-8pm	FREE
GORDON HEAD RECREATION CENTRE	110451	Tu	Apr 23	6:30-8pm	FREE

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Tuesdays
Jan 16 –
Feb 27

Burnside Gorge

Board Game Drop-in

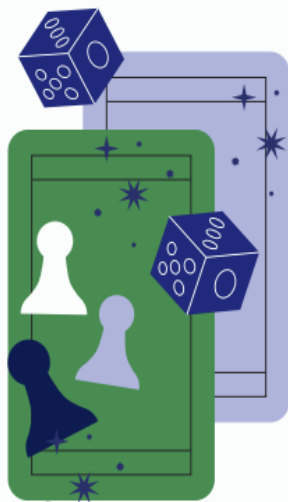
Free
Entry

Ages 12–17

Join us at the BGCA Youth Centre for an evening of board game fun. We have a great collection of games that range from old classics to games you've never heard off

Contact Ryder at ryder@burnsidegorge.ca for more details

Burnside Gorge Community Centre
471 Cecelia Rd.5



Yearbooks are on sale now!



Yearbooks cost \$23.

To order your child a yearbook, please go to ybpay.ca and use the order ID **13717624**. **THESE CANNOT BE ORDERED THROUGH THE SCHOOL.**

Yearbooks include:

- 60+ colour pages of individual photos and fun memories from throughout the year.
- Sturdy soft cover
- Zoom insert that features current events and world news from the past year.



Lunchtime Kernels Popcorn Sales Are Back!

Tuesdays at lunch (while supplies last)
\$3/bag

Flavours: Caramel, Dill, Buttersalt, and Cheese
Eat delicious popcorn and support the Colquitz Performing Arts



Accepting Applications for 2024-2025

- CHARACTER
- ACCOUNTABILITY
- CITIZENSHIP
- TIME MANAGEMENT
- HEALTHY ATHLETIC LIFESTYLE

REGISTRATION PACKAGE

www.SpectrumHockey.ca

SPOTS ARE FILLING UP FAST!



February 16
deadline

next week at colquitz

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Student Transfer Process – February 12-16th, 2024

We've received some phone calls and emails about transfer pro-
cially around want to go to a their catchment school. Here is the infor-
mation you need to know, including that the transfer process
does not occur until February. Also know that if your child
applies for and is **ACCEPTED INTO** and a Program of Choice
(see flyer to the right), you do **NOT** need to apply for a trans-
fer.

LAST DAY TODAY!



The annual K-12 Student Transfer Process facilitates requests from students in Kindergarten to Grade 12 to transfer to schools outside of a designated catchment. **To apply for a transfer request you must complete a transfer form during the K-12 Student Transfer Process week of February 12-16, 2024.**

Transfer forms are available here for families to print at home: for 2024-2025 school year [K-12 Student Transfer Application](#)

Transfer forms for 2023-2024 school year (current school year) [K-12 Student Transfer Application](#)

Forms will also be available for students to pick up at their current school office. Students will return transfer request forms to the office during the period of Feb 12-16th (we are not asking parents to enter schools for this).

Students who are not in the catchment and looking to follow the school pathway at the time of transition from elementary to middle and middle to secondary (Grades 5 and 8), will now have to apply for a transfer request. **Non-catchment students no longer automatically follow their current school pathway.**

If you are unsure of your catchment, please use the SD61 School Locator Tool to find out:
<https://www.sd61.bc.ca/schools/school-locator/>

For more information on in-catchment school pathways and transitions, please visit [K-12 Student Transfer Application](#)

In the event, a school receives more transfer requests by grade than the number of seats it can accommodate, the **waitlist order of transfer requests will be determined by lottery** in accordance with our student enrolment priorities. Therefore, there is **no advantage of submitting your transfer request first**. Please submit your request at your convenience during the communicated dates. Please go to <https://www.sd61.bc.ca/registration/student-transfer-process/> if you have further questions.

Saanich

PARKS, RECREATION
& COMMUNITY SERVICES



**PEARKES
AFTER
SCHOOL
DROP IN
FREE!**

January - June
Monday to Friday - 3:15- 5:15pm

@ The Flipside Youth Centre
Pearkes Recreation Centre

A FREE supervised social for youth with snacks, pool, foosball, board and video games and more!

Tyler.smith2@saanich.ca

saanich.ca/youth

250 475 5462

Saanich

PARKS, RECREATION
& COMMUNITY SERVICES



**FRIDAY
NIGHTS
PIZZA
SKATING
& MOVIE**

**AGES 11 - 16
\$7.50**

January 19th - April 19th
Fridays - 5:45 - 8:15pm

@ The Flipside Youth Centre
G.R. Pearkes Recreation Centre

Come hang out with your friends on a Friday night. Enjoy pizza, skating & a movie in our awesome youth centre.

REGISTER HERE ✨

Tyler.smith2@saanich.ca

saanich.ca/youth

250 475 5462