

# next week at colquitz

friday, january 12, 2024

## THIS WEEK'S REFLECTIONS

Hello Colquitz Families,

**Winter is here!** Perhaps not in the form of snow that we expected, but boy, it was cold today. These lower temperatures many continue on and off for the next few weeks, so please make sure students have a winter coat, hat and gloves to ensure they can enjoy the outdoors.

Please remember that **tomorrow is our Bottle Drive** to raise money for an installed A/V and sound system in our gym. Tell your friends and neighbours as well! We will be in front of the school between **10-3pm**.

Please note that **Monday is Black Excellence Day**. This is a day that kicks off the lead up to Black History Month, and is an opportunity to celebrate Black history and learn about Black stories, Black art and Black people, and a day to stand in solidarity with Black Canadians. It is also a way to highlight the contributions of Black Canadians and the ongoing civil rights struggles of Black Canadians as they often go unacknowledged in our history books and school curriculum.



There is no specific requirement for people to wear a black shirt, however they can wear black if they choose, as a way to honor Dr. Martin Luther King Jr. and show solidarity. The focus is on engaging in learning and opportunities for celebration as we head into Black History month.

Please see below the official Black Excellence Website that the Community Action Exploratory has been using to guide their work.

<https://blackexcellenceday.ca/>

Have a wonderful weekend with your family.

- Carrie Schlappner—Principal

### COLQUITZ MIDDLE SCHOOL BOTTLE DRIVE



**SATURDAY, JAN 13<sup>TH</sup>**  
**10AM-3PM**  
505 Dumeresq Street

**SAVE YOUR EMPITES  
OVER THE HOLIDAYS**

*Fundraiser to install  
an A/V, screen and  
sound system in our gym*

## next week at a glance

Monday, Jan 15	Black Excellence Day
Tuesday, Jan 16	PAC Meeting at 6:30pm in Library
Wednesday, Jan 17	
Thursday, Jan 18	
Friday, Jan 19	

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## upcoming important dates—*mark your calendars!*

<b>Thursday, Jan 25</b>	<b>TWIN DAY</b>
<b>Friday, Jan 26</b>	ProD Day—No school for students
<b>Tuesday, Jan 29</b>	Musical Parent Info Night @ 6:30
<b>Friday, Feb 2</b>	Deadline for Grade 8 Applications to Secondary Programs of Choice
<b>Monday, Feb 5</b>	Candy Jar Guesses
<b>Wednesday, Feb 7</b>	Cycle 2 Enrichment Starts
<b>Saturday, Feb 10</b>	Chinese / Lunar New Year

## Backpack Buddies

Just a reminder to all our backpack buddies—*please remember to bring in your empty backpacks or reusable bags back to the office.*



## SPORTS @ COLQUITZ Volleyball Practices This Week:



### Monday:

Grade 7/8 Rec Girls (B) - 7-8am  
Grade 6 Girls triple ball - lunch  
Grade 7/8 Boys Comp - 3 - 5pm

### Tuesday:

Grade 7/8 Girls comp (Kiet) 7-8am  
Grade 7/8 Girls TB rec (A) (Irving + Olive) 7-8am  
Grade 6/7 Boys - lunch  
Grade 7 Girls TB (\*Lisa Baylis) - after school

### Wednesday:

Grade 7 Girls TB (\*Lisa Baylis) - 7:30-8:30am  
Grade 6/7 Boys - lunch  
Grade 7/8 Boys Comp - 3-5pm

### Thursday:

Grade 7/8 Girls TB rec (A) (Irving) - lunch  
Grade 7/8 Boys Comp - 3-5pm

### Friday:

Grade 7/8 comp girls - 7-8am  
Grade 6 Girls triple ball - 7-8am  
Grade 7/8 Girls (Brown) rec TB - lunch

## Yearbooks are on sale now!

Yearbooks cost \$23.

To order your child a yearbook, please go to [ybpay.ca](http://ybpay.ca) and use the order ID 13717624. **THESE CANNOT BE ORDERED THROUGH THE SCHOOL.**

### Yearbooks include:

- 60+ colour pages of individual photos and fun memories from throughout the year.
- Sturdy soft cover
- Zoom insert that features current events and world news from the past year.



## Reporting Absences



Please email [colquitz@sd61.bc.ca](mailto:colquitz@sd61.bc.ca) AND your child's teacher if your child will be late or absent, or call the Attendance Line

at 250-479-4313.

This is the best way to ensure we get the message and a call-out does not go out to you in error. **Thank you**

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## FINE ARTS

### TOUR UPDATE

A second email was sent out with payment details for the 2<sup>nd</sup> and 3<sup>rd</sup> payments. There is also a medical/code of conduct form that must be filled in. All of these documents are available on my website on the TOUR page <https://montgomerymusic.weebly.com/>

### BAND UPDATE

Students have been given their tour music for one of the pieces. Grade 8's may have the opportunity to play the national anthem at a Victoria hockey game, so keep your ears open. The UVic Wind Symphony and Naden Band are performing together on February 9<sup>th</sup> at UVic and the concert is a science fiction feature with lots of Star Trek, Mandalorian and other well-known pieces. Students (and parent helpers) can attend for \$8. I will be buying tickets on Friday, January 19<sup>th</sup>. If you would like to attend, please send me \$8 (cash or cheque made out to me) before then. It's not an official field trip, but I will be there anyways and will keep an eye on kids once you drop them off and until you pick them up at the Farquhar Auditorium at UVic.



## Spotlight on Learning

On Thursday, three of our grade 8 students, Nayelle, Aliya and Holli, went to a Student Symposium at CFB Esquimalt held by our school district. They learned more about topics such as SOGI, Cultural Responsiveness, and Mental Health, then gave input into what they felt the Board's Budget priorities should be moving forward. It was an opportunity for students from middle and high schools across the district to connect and share their thinking and ideas.



## RAMPAGE'S BIRTHDAY PARTY!

Friday, January 12 @ 6pm  
Pacific Institute for Sport Education

Kids 12 & under FREE!

## Pizza Hot Lunch Thursdays – Order yours now!



This is a reminder that in the last week of each month, families can order pizza for the next month. **January sales will open on Thursday, December 21<sup>st</sup> and CLOSE ON MONDAY, JANUARY 8<sup>th</sup> at NOON.** The first Pizza Day will be in the New Year will be **Jan 11<sup>th</sup>.**

Please note that you **need to order WEEK TO WEEK**, thus giving you the option to skip weeks if you so choose. **You must get your orders in each week BY MONDAY AT NOON.** There can be no exceptions.

Please note that there are no refunds for unclaimed pizza. Parents – you can arrange to pick up your order the same day or transfer it to another student **if you inform us by 11am Thursdays at [colquitz@sd61.bc.ca](mailto:colquitz@sd61.bc.ca) or call 250-479-1678.**

**Here is the link to School Cash Online to make your order:** <https://sd61.schoolcashionline.com/>

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## Student Transfer Process – February 12-16<sup>th</sup>, 2024

*We've received some phone calls and emails about the transfer process, especially around grade 8s who may want to go to a high school other than their catchment school. Here is the information you need to know, including that the transfer process does not occur until February. Also know that if your child applies for and is **ACCEPTED INTO** and a Program of Choice (see flyer to the right), you do **NOT** need to apply for a transfer.*



The annual K-12 Student Transfer Process facilitates requests from students in Kindergarten to Grade 12 to transfer to schools outside of a designated catchment. **To apply for a transfer request you must complete a transfer form during the K-12 Student Transfer Process week of February 12-16, 2024.**

**Transfer forms are available here for families to print at home: for 2024-2025 school year [K-12 Student Transfer Application](#)**

**Transfer forms for 2023-2024 school year (current school year) [K-12 Student Transfer Application](#)**

Forms will also be available for students to pick up at their current school office. Students will return transfer request forms to the office during the period of Feb 12-16<sup>th</sup> (we are not asking parents to enter schools for this).

Students who are not in the catchment and looking to follow the school pathway at the time of transition from elementary to middle and middle to secondary (Grades 5 and 8), will now have to apply for a transfer request. **Non-catchment students no longer automatically follow their current school pathway.**

**If you are unsure of your catchment, please use the [SD61 School Locator Tool](#) to find out:  
<https://www.sd61.bc.ca/schools/school-locator/>**

For more information on in-catchment school pathways and transitions, please visit [K-12 Student Transfer Application](#)

In the event, a school receives more transfer requests by grade than the number of seats it can accommodate, the **waitlist order of transfer requests will be determined by lottery** in accordance with our student enrolment priorities. Therefore, there is **no advantage of submitting your transfer request first**. Please submit your request at your convenience during the communicated dates.

Please go to <https://www.sd61.bc.ca/registration/student-transfer-process/> if you have further questions.



## Discover Your Passion in Secondary Programs of Choice

Are you thinking about registering in a Secondary Program of Choice for the 2024-2025 school year?

Attend an information session for parents/guardians and students to learn more about the options available:

**January 11**  
Flexible Studies: Leadership in Learning  
Reynolds Secondary  
7:00 p.m. in gym

**January 11**  
Centre for Soccer Excellence (CSE)  
Reynolds Secondary  
7:45 p.m. in gym

**January 15**  
Baseball and Softball Academy  
Lambrick Park Secondary  
7:00 p.m. in library

**January 16**  
Esquimalt Rugby Academy  
Esquimalt Secondary  
7:00 p.m. in library

**January 17**  
Challenge Program  
(Offered at Mount Doug and  
Esquimalt Secondary)  
Esquimalt Secondary  
7:00 p.m. in gym

**January 18**  
Spectrum Hockey Skills Academy  
Spectrum Secondary  
7:00 p.m. in library

Application deadline for Secondary Programs of Choice is Friday, February 2nd, 2024.



For more information on Secondary Programs of Choice, please visit the school websites.

Discover Your Passion



## Prepare for the Weather

**It's January!** The rain and cold are here, and as we have now experienced, snow and below zero temperatures.

**PLEASE ensure your child brings a winter coat and clothing appropriate for the weather EVERY DAY.**



Students are expected to be outside for breaks, PE, and other learning activities.

If you need assistance with this, please do not hesitate to contact Ms Schlappner at [cschlappner@sd61.bc.ca](mailto:cschlappner@sd61.bc.ca)

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## Parent Education Opportunities

### (1) FamilySmart "In The Know" Parent Education event titled "Supporting Safety At Home" OnLine - 5 Events

Join us in watching a video with **Lu Ripley**, Director of Community Learning and Engagement at the **BC Crisis Centre** and **Tammy Music**, FamilySmart Parent Peer Support Worker at **Surrey Memorial Hospital's Child & Adolescent Psychiatric Stabilization Unit** as they discuss how to talk to your kids about safety. Safety concerns can include suicidal thoughts, self harming behaviours, increased reactivity or aggression and any situation where you or your child is concerned about staying safe at home.

**Dates and Times available:** <https://familysmart.ca/monthly-events/>  
**Watch Now:** <https://youtu.be/bfej3x7UFTQ?si=XEzidEWI70fbgPjs>

### (2) The Foundry Parent Education topic "Y Minds - Parent Overview of An Anxiety Program for Youth" In Person Monday January 22, 6:00 pm - 7:30 pm

**Y Mind** is an innovative, youth informed, early intervention program that helps teens and young adults manage stress and anxiety. This workshop will give you an in depth look at the Y Mind program, Acceptance and Commitment Therapy, Mindfulness and Self Compassion.

**Speaker:** **Lana Millott**, Y Minds Program Manager, Facilitated life/communication skills and employment skills to at-risk youth for 23 years in Victoria and Sidney.

To Register email: [Lisa.Tate@FamilySmart.ca](mailto:Lisa.Tate@FamilySmart.ca)

### (3) The Boys and Girls Club (BGC) Winter Parenting Programs Online

**Parents Together, Tuesdays**, 12-1:30 pm or 6:30-8pm for parents of 13 - 19 yrs

**Parents in the Know, Wednesdays**, 6:30-8pm, January 10th Start 13 - 18yrs

**Parenting Without Power Struggles, Thursdays**, 6:30-8pm, Feb.15th Start 9 - 12 yrs

Topics include: **Relationship-based practices**, **Communication skills**, **Boundaries**, and turning over responsibility as appropriate, and **Self-care** – taking back your life

All programs are via zoom.

Registration: <https://bgcsvg.org/programs/parenting/>

**erase** | EXPECT RESPECT & A SAFE EDUCATION

### Establishing Safe, Caring, & Respectful Digital Communities

**Social Media Awareness Family Sessions:** Saferschooltogether in partnership with the Ministry of Education and Childcare, have opened up four dates for "Social Media Awareness" Family Sessions. These sessions were designed to support families and caregivers in navigating the digital world.

**Sessions are on January 17, 23, February 7 and 28**

Dates, times and information to register can be found in this link: [erase Family Sessions \(saferschooltogether.com\)](https://saferschooltogether.com)

Click any 6 digit code to register | GENERAL REGISTRATION **DEC 6**

**SAANICH POLICE DEPARTMENT** Please join us for the following seminar series presented by the Saanich Police Community Engagement Division. **FREE**

**GANG EDUCATION & TRENDS**  
Join us for a FREE Gang Education & Trends Seminar. This is an opportunity for adults and youth to better understand the trends police are seeing in our community. Are you stuck for answers when your teen asks you the hard questions about their peer group? Are you looking for some insight about what's going on in the world of youth? Are you seeking resources and information for how to talk to your teen about gang awareness?  
Saanich Youth Services in partnership with the Saanich Police Department is hosting a learning opportunity for parents, caregivers, and youth workers.  
In this workshop, participants will have the chance to ask questions and gather all of the up-to-date information from police officers and youth workers in our community.

SAANICH COMMONWEALTH PLACE	110448	Tu	Feb 6	6:30-8pm	FREE
G. R. PEARKES RECREATION CENTRE	110449	Tu	Apr 9	6:30-8pm	FREE

**GRADE 12 GRADUATION SAFETY**  
In partnership with Saanich Police, learn about how to ensure you stay safe during graduation celebrations. This seminar will give grade 12 students the tools to make informed smart choices while celebrating their graduation. Parents and caregivers are welcome to attend with their youth.

G. R. PEARKES RECREATION CENTRE	110446	Tu	May 14	6:30-8pm	FREE
SAANICH COMMONWEALTH PLACE	110447	Tu	May 21	6:30-8pm	FREE

**TEEN NEW DRIVER EDUCATION**  
In partnership with Saanich Police, calling all grade 10-12 new drivers. Focus on the graduate program, and best and safest practices around driving. Learn about the effects of drugs, alcohol, and distracted driving as well as how to remain safe while out with friends.

GORDON HEAD RECREATION CENTRE	110432	Tu	Jan 23	6:30-8pm	FREE
G. R. PEARKES RECREATION CENTRE	110433	Tu	Feb 20	6:30-8pm	FREE

**YOUTH & YOUNG ADULT ONLINE DATING SAFETY**  
In partnership with Saanich Police, learn about how to safely engage in online dating. What is a fake account? What information to give out, what to keep to yourself? What is consent? This seminar will give youth the tools to make informed smart choices while engaging online with peers. Parents and caregivers are welcome to attend with their youth.

GORDON HEAD RECREATION CENTRE	110444	Tu	Feb 13	6:30-8pm	FREE
GORDON HEAD RECREATION CENTRE	110445	Tu	May 7	6:30-8pm	FREE

**YOUTH PARTY SAFE**  
In partnership with Saanich Police, learn about the effects of drugs, alcohol, consent and how safe while out with friends. This seminar will give youth the tools to make informed smart choices while hanging out with their peers. Parents and caregivers are welcome to attend with their youth.

SAANICH COMMONWEALTH PLACE	110434	Tu	Jan 16	6:30-8pm	FREE
SAANICH COMMONWEALTH PLACE	110435	Tu	Apr 16	6:30-8pm	FREE

**YOUTH RELATIONSHIP SAFETY**  
In partnership with Saanich Police, this program focuses on safe dating, cyber security, and healthy relationships for youth. Parents and caregivers are welcome to attend this event with their youth.

G. R. PEARKES RECREATION CENTRE	110450	Tu	Jan 30	6:30-8pm	FREE
GORDON HEAD RECREATION CENTRE	110451	Tu	Apr 23	6:30-8pm	FREE

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CHARACTER • ACCOUNTABILITY • CITIZENSHIP  
TIME MANAGEMENT • HEALTHY ATHLETIC LIFESTYLE

**USING SPORT TO CREATE SUCCESS IN LIFE!**



**ACCEPTING EARLY APPLICATIONS  
FOR THE 2024-2025 SCHOOL YEAR**

- FULLY ACCREDITED HIGH SCHOOL CREDITS
- BALANCED STUDENT ATHLETE SCHEDULE
- OFF-ICE STRENGTH TRAINING & FITNESS
- PROFESSIONAL COACHES
- OVER 120 HOUR OF ON-ICE SKILL DEVELOPMENT
- 10 MONTH ON-ICE PROGRAM
- OVERALL ATHLETIC DEVELOPMENT WITH MULTI-SPORT IMPLEMENTATION
- ACADEMIC SUPPORT

## ALUMNI

OLLIE JOSEPHSON  
RED DEER REBELS  
WHL



**INFORMATION EVENING  
THURS. JANUARY 18 @ 7:00PM**



**FILL OUT AN APPLICATION  
UNDER THE 'REGISTER'  
TAB OF OUR WEBSITE**



**SPECTRUMHOCKEY.CA**